



## Dr. Martin Luther King, Jr. Birthday Holiday Safety Awareness

On January 21, 2019, our nation will commemorate the life and legacy of one of America's most respected civil rights leaders, Dr. Martin Luther King, Jr. Let's celebrate the life and legacy of a man who brought hope and healing to our Nation and reflect on the values he exemplified in his life and teachings — courage, truth, respect, integrity, humility and service.



As we observe this holiday, stay vigilant to the dangers you will face during the winter season in the Republic of Korea. Ice, snow and freezing temperatures contribute to the overall risk during this holiday period. Slips, trips, and falls are the most common accidents we experience during January and February with sports injuries a close second.

Think before you act; survey your surroundings and mitigate the hazards by having a plan. When making travel plans it is essential to be prepared, maintain awareness of changing weather and road conditions, and allow for extra travel time. Do not become a statistic. Do not drink and drive or allow others to get behind the wheel after consuming alcohol.

Our Army Values of Loyalty, Duty, Respect, Selfless Service, Honor, Integrity, and Personal Courage are similar to those of Dr. King and reflect what being a Soldier is all about. Take care of yourselves and remain ready and resilient during this holiday.

Pacific Victors!

JASON SCHMIDT  
CSM, USA  
Command Sergeant Major

MICHAEL A. BILLS  
Lieutenant General, USA  
Commanding

***Fight Tonight!***