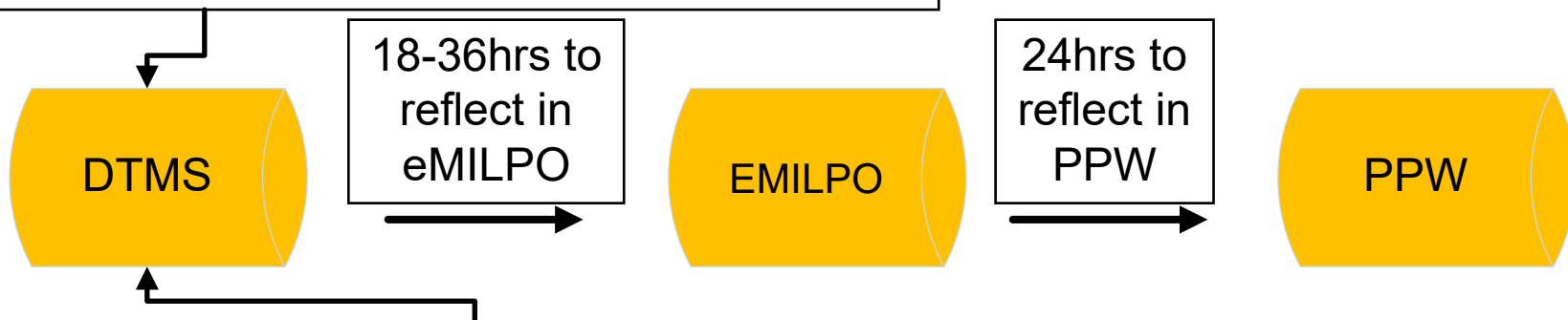


# Army Physical Fitness Test (APFT) and Weapons Cycle for Promotion Points As of 10Jan19

Effective 12Jan19, Brigade and below level organizations, Commanders and their designated users will view, record and adjust training readiness data for their unit and its Soldiers through DTMS. APFT, HT/WT and individual weapon qualification data will be recorded in DTMS by system users.

Update APFT, weapon's qualification and/or HT/WT in DTMS as soon as possible for all Soldiers. For SPC/CPL/SGT use the last record APFT score administered, even if it is lower than a previous score that is within the 12 month period for promotion points purposes, IAW AR 600-8-19, para. 3-18 b.



For regular Army, all transactions for training readiness data (APFT, weapons qualification and HT/WT) will be entered into DTMS by the unit DTMS manager NLT the 5th calendar day of each month to accurately reflect in the automated Promotion Point Worksheet. If the 5th calendar day falls on a non-duty Day, then data must be completed on the last duty day before the 5<sup>th</sup> Calendar day.

DTMS=Digital Training Management System , eMILPO=Electronic Military Personnel Office, PPW=Promotion Point Worksheet, HT=Height, WT=Weight, SPC=Specialist, CPL=Corporal, SGT=Sergeant