



# JBM-HH E-NEWSLETTER

## Military Saves Week at Fort Myer



This week, Feb 26- March 3 is Military Saves Week. There will be savings focused activities throughout the installation.

ACS will provide information tables throughout the installation 11 a.m. to 2 p.m. The tables will be located as follows:

**Monday, February 26:** Community Center  
**Tuesday, February 27:** Post Exchange  
**Wednesday, February 28:** Community Center  
**Thursday, March 1:** Commissary  
**Friday, March 2:** Community Center

For more information on Military Saves Week at Fort Myer contact Jin Lim at [jin-sook.lim.civ@mail.mil](mailto:jin-sook.lim.civ@mail.mil).

## Using credit wisely ACS class at Fort Myer

On Feb. 28, join ACS in building 201 from 1 to 2 p.m. for an opportunity to learn strategies for using credit wisely. Gain insights on the different types of credit, the importance of a credit report, and dealing with debt management. Registration is required, contact [Arcelio.v.alleyne.civ@mail.mil](mailto:Arcelio.v.alleyne.civ@mail.mil).

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## SDFCU Fort McNair Military Saves Week

In conjunction with Military Saves week the State Department Federal Credit Union will offer the following free lunch seminars from 11 a.m. to noon at the Fort McNair Branch. Lunch will be provided.

**Monday, February 26:** How to get the most of your TSP: During Service and Beyond  
**Tuesday, February 27:** Your Credit Matters  
**Wednesday, February 28:** Making the Most of Your Membership  
**Thursday, March 1:** Understanding the Mortgage Process  
**Friday, March 2:** Revocable Living Trust Information Session

## Army Emergency Relief Kickoff

This year's Army Emergency Annual Fund Campaign will kick off on March 1 with a presentation lunch at the Old Guard Dining Facility, from 11:30 a.m. – 12:30 p.m.

The campaign, which will run from March 1 - 15, serves to provide emergency financial assistance to Soldiers and their Families. Examples of expenses AER helps include essential POV repairs, medical/dental, emergency travel, funeral, and rent/mortgage expenses.

Please take the time to think about helping Soldiers in a tangible way, help through AER.

For more information, contact Ms. Trina Reliford, Army Emergency Relief Office at (703) 696-3510/8435.

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## Is Your Child a Target of Bullying?

Is Your Child a Target of Bullying? This EFMP workshop, held March 8 from 11:30 a.m. to 1 p.m. in the Fort Myer Memorial Chapel offers intervention strategies for parents of children with disabilities who may be the target of bullying at school. Participants will learn how to identify types of bullying, develop strategies to prevent bullying, identify responses to bullying, talk to their child about bullying, obtain help from professionals and learn about disability harassment laws.

Open to all DoD Id card holders. For more information and registration, call (703) 696-0783/3510.

## Blue Tie Affair 2018 - Last week to nominate!

Do you know someone who:

- Serves as a volunteer coach? Reads books to children at the local childcare center?
- Works to make sure your child is safe?
- Organizes community efforts that support the well-being of children?

The JBM-HH Family Advocacy Program recognizes individuals in the National Capital Region who have gone above and beyond in their efforts to prevent child abuse and neglect in the community. Please nominate an individual for consideration. An appointed committee will select the final recipients to be recognized at the Annual Blue Tie Affair which will be held on April 19 in the Spates Community Club.

### **NOMINATION GUIDELINES**

- The deadline for nominations is **March 1**.
- Nominations are open to the **entire Community**—all branches of the Military, Family members, DoD Civilians, Retirees, and community partners.
- You may nominate more than one individual. Please complete a nomination form for each nominee.
- To download an electronic copy of this form, please visit <https://jbmhh.armymwr.com/programs/army-volunteer-corps>.

Please return all nomination forms no later than **MARCH 1, 2018**: Army Community Service, 202 Custer Road (BLDG 201) Fort Myer, VA 22211  
Email: [Patricia.C.Sands2.civ@mail.mil](mailto:Patricia.C.Sands2.civ@mail.mil)  
Fax: 703-696-1201

*For additional information, please contact 703-696-6511 or [Patricia.C.Sands2.civ@mail.mil](mailto:Patricia.C.Sands2.civ@mail.mil).*

February 27, 2018

## **JBM-HH Blood Drive**

The Armed Services Blood Program will be holding a Blood Drive at the JBM-HH Fitness Center on March 13 from 9 a.m. to 1 p.m.

Appointments can be made online at [militarydonor.com](http://militarydonor.com) using the sponsor code FTMYER.

Together we can make a difference. Donate Blood. Save lives. For more information contact Staff Sgt. Dustin Neal at [dustin.m.neal2.mil@mail.mil](mailto:dustin.m.neal2.mil@mail.mil).



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## **Civilian Employees in need of Annual Leave Assist**

The following employees have been approved to receive leave under the Volunteer Leave Transfer Program (VLTP) having exhausted all of their annual and sick leave due to prolonged illness or recovery from injury: JBM-HH Directorate of Resource Management employee, Ms. Sam Winkelspecht; JBM-HH Directorate of Emergency Services employee, Gary Daughtry; and MDW U.S. Army Aviation Brigade employee Marian Angie Rhoads.

Department of the Army civilian employees who would like to donate annual leave to are

asked to fill out form OPM630a, "Request to Donate Annual Leave to Leave Recipient Under the VLTP (Within Agency)," at [www.opm.gov/forms/pdf\\_fill/opm630a.pdf](http://www.opm.gov/forms/pdf_fill/opm630a.pdf).

Federal government civilian employees outside the Department of the Army who would like to donate annual leave, please complete form OPM 630b, "Request to Donate Annual Leave to Leave Recipient Under the VLTP (Outside Agency)," at [www.opm.gov/forms/pdf\\_fill/opm630b.pdf](http://www.opm.gov/forms/pdf_fill/opm630b.pdf). For those who donate, please be sure to specifically include the name of the person to whom the leave is being.

Send completed form for Ms. Winkelspecht to Elizabeth Creech at [elizabeth.creech4.civ@mail.mil](mailto:elizabeth.creech4.civ@mail.mil) or Leslie Watts at [leslie.d.watts10.civ@mail.mil](mailto:leslie.d.watts10.civ@mail.mil). Send completed form for Mr. Daughtry to Fenday Thomas at [fenday.thomas.civ@mail.mil](mailto:fenday.thomas.civ@mail.mil) and Maribel Rodriguez at [maribel.rodriguez.civ@mail.mil](mailto:maribel.rodriguez.civ@mail.mil). Send completed form for Ms. Rhoads to Judith Damico at [judith.a.damico2.civ@mail.mil](mailto:judith.a.damico2.civ@mail.mil).

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## **Family Advocacy Program Indoor Play Mornings**

Join the New Parent Support Program Thursday mornings through April 26 from 10 a.m. – 11:30 a.m. in Memorial Chapel for afternoons of fun, music, and story-time. Parents, caregivers and children up to five years old are welcome to attend. Registration is requested. For general information and registration, please call (703) 696-3512 or TTY (703) 696-4675.

## **Fort Myer Thrift Shop offering scholarships**

The Fort Myer Thrift Shop has begun accepting applications for the 2018-2019 academic year. Applications must be postmarked by March 29. They will also be accepted if delivered to the thrift shop. Applications will not be accepted by email.

The scholarships are awarded based on merit and are available for children and spouses of U.S. Army personnel—active duty who either live or are deployed from the greater Washington area, retired or deceased. An applicant must have a valid military dependent ID card.

Dedicated volunteers and staff give generously of their time involving numerous hours every year to raise the funds for this program.

Information with instructions and application, along with a checklist are available at [www.fortmyerthriftshop.org](http://www.fortmyerthriftshop.org) under scholarships.

For more information and questions, email [scholarshipsfmts@gmail.org](mailto:scholarshipsfmts@gmail.org).

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## **Henderson Hall Zembiec Pool closed**

Due to unseen maintenance issues with systems critical to winter operations, the Zembiec Pool facility on the Henderson Hall side of the installation will remain closed.

## **Fort Myer Thrift Shop to offer community grants**

The Fort Myer Thrift Shop is now accepting applications for community grants to organizations that provide services and or/support to military organizations, personnel, and their Families. Requests are accepted from 501 c (3) and government entities in this area. Requesters have until April 19 to apply.

Go to [www.fortmyerthriftshop.org](http://www.fortmyerthriftshop.org) and look under “community events” for an application. Requests must be postmarked, or hand delivered to the Fort Myer Thrift Shop by April 19.

For more information or questions, email [communitygrants@gmail.com](mailto:communitygrants@gmail.com)

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## **AAFES Military Clothing Sales to change days of operation**

Beginning Sunday, Mar. 25, the Joint Base Myer-Henderson Hall Military Clothing Sales store, located at the Fort Myer Army and Air Force Exchange Service (AAFES), will change its days of operation to open Sundays and close Mondays. Hours of operation will be 9 a.m.-6 p.m. Tuesday-Friday; 9 a.m.-5 p.m. Saturday and Sunday, and closed Monday. Currently, the store is open Monday-Saturday.

For more Information, please call Gloria Cho, AAFES General Manager, at 703-806-4371.

## **Journey to the National Flight Academy**

Delta Air Lines is pleased to offer children of active duty service members an experience of a lifetime this summer, at the National Flight Academy in Pensacola, Florida. Fourteen scholarships will be awarded for students, seventh through 12th grade, to attend a dynamic six-day, five-night program at the National Flight Academy during one of the following weeks: June 17 through 22; July 1 through 6; and July 15 through 20.

Students have the unique opportunity to submit a scholarship application for the chance to attend the National Flight Academy this summer. Applications are due by Wednesday. Winners, 14 out of 36 will be selected, and alternates (four will be selected) will be notified by April 4. Once selected, winners must be registered by their parent/guardian via the National Flight Academy's online portal by May 2.

To receive scholarship submission instructions and weblink to the online application, contact Cassie Redmyer at [credmyer@nationalflightacademy.com](mailto:credmyer@nationalflightacademy.com) or call (850) 308-8936.

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## **Prostate cancer support group meetings**

### **Fort Belvoir**

The prostate cancer support group meets at Fort Belvoir Community Hospital the second Thursday of every month. The next meeting will be March 8 from 1 to 2 p.m. and 6:30 to 7:30 p.m. in the Urology Clinic, Sunrise Pavilion,

second floor. Spouses/partners are invited. A military ID is required for base access. For those without a military ID, arrive at the gate one hour prior to meeting to complete paperwork for base access.

### **Walter Reed**

The prostate cancer support group meets at Walter Reed National Military Medical Center the third Thursday of every month. The next meeting will be March 15 from 1 to 2 p.m. and 6:30 to 7:30 p.m. in the America building, River Conference Room, third floor. Spouses/partners are invited. A military ID is required for base access to Walter Reed. For those without a military ID, call the Prostate Center at (301) 319-2900 at least four business days prior to event for base access.

For more information on either of these group meetings, contact Jane Hudak by calling (301) 319-2918 or by email at [jane.l.hudak.ctr@mail.mil](mailto:jane.l.hudak.ctr@mail.mil).

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## **JBM-HH Catholic community retreat**

The Catholic community on Joint Base Myer-Henderson Hall will be conducting a spiritual retreat at JBM-HH Memorial Chapel Sunday through Tuesday from 7 to 8 p.m. Father Michael Murray, oblates of Saint Francis de Sales, and Susan Gardner will guide the retreat. The theme is "Living plants of the church: Catholic lay faithful in the world today." The retreat will focus on the ongoing role of laity in the JBM-HH Catholic community today. Everyone is welcome to attend the sessions. Dinner is being served before the retreat at 6 p.m. Monday and Tuesday.



Bon Appétit



## Joint Base Myer-Henderson Hall Dining Facility

February 26th - March 02nd, 2018

**Every Morning the following items will be served for breakfast.**

Eggs and Omelets Grilled To Order, Bacon, Turkey Bacon, Sausage, Scrambled Eggs, Boiled Eggs, Roasted Potatoes, Biscuits with SOS Creamed Beef, Oatmeal and Grits

**\*WAFFLES: MON, WED, FRI | PANCAKES OR FRENCH TOAST: TUE & THUR\***

### Monday

#### Main Line

Spaghetti w/ Meat Sauce  
Pork Chops  
Buttered Noodles  
Roasted Brown Potatoes  
Mixed Vegetables  
Fried Cabbage  
Italian Pasta Salad

#### Short Order

Reuben Sandwiches  
Grilled Hamburgers  
Grilled Cheeseburgers  
Grilled Ham & Cheese  
Grilled Cheese  
Baked Beans  
Hot Dogs  
Ravioli  
Pizza

French Fries & Onion

Rings **DINNER**

Pork Chops  
Beef Stroganoff

### Tuesday

#### Main Line

Caribbean Chicken Breast  
Groundbeef Tacos  
Spanish Rice  
Refried Beans  
Spinach  
Sliced Carrots  
Taco Salad

#### Short Order

Chicken Quesadillas  
Grilled Hamburgers  
Grilled Cheeseburgers  
Grilled Ham & Cheese  
Grilled Cheese  
Chili  
Baked Beans  
Burritos  
Pizza

Potato Wedges & Onion Rings

**DINNER**

Caribbean Chicken  
Chili Macaroni

### Wednesday

#### Main Line

Beef and Broccoli  
Oven Baked Chicken  
Pork Fried Rice  
Steamed Rice  
Japanese Stir Fry  
Peas  
Cucumber & Onion Salad

#### Short Order

Egg Rolls  
Waffle Fries & Onion Rings  
**DINNER**  
Hamburger Yakisoba  
Five Spice Chicken

### Thursday

#### Main Line

Fried Chicken  
BBQ Chicken  
Herb Baked Chicken  
Fried Catfish  
Baked Macaroni & Cheese  
Candied Sweet Potatoes  
Collard Greens  
Corn on the Cob  
Potato Salad

#### Short Order

Grilled Hamburgers  
Grilled Cheeseburgers  
Grilled Ham & Cheese  
Grilled Cheese  
Cornbread  
Baked Beans  
Corndogs  
Pizza

French Fries & Onion Rings

**DINNER**

Salisbury Steak

### Friday

#### Main Line

Rotisserie Baked Chicken  
Lemon Baked Fish  
Jefferson Noodles  
Mashed Potatoes  
Green Beans  
Cauliflower  
German Tomato Salad

#### Short Order

Turkey Reuben Sandwiches  
Grilled Hamburgers  
Grilled Cheeseburgers  
Grilled Ham & Cheese  
Grilled Cheese  
Chili  
Baked Beans  
Hotdogs  
Pizza

Steak Fries & Onion Rings

**DINNER**

Savory Baked Chicken  
Meatloaf

Wings!

**\*\*Menu Subject to Change\*\***