



KNOWLEDGE

OFFICIAL SAFETY MAGAZINE OF THE U.S. ARMY

THIS WEEK 12 - 16 FEB 2018



CONTROL YOUR MUZZLE

Let's cut to the chase: No one has ever been shot with an unloaded gun. A bang is always conclusive proof that a gun was loaded. Once the bang happens, it's out of your control.



STAY AWARE, STAY ALIVE

Motorcycling is a lifelong learning process. Far too often riders think after a few years and a few thousand miles that they know it all. That concept can be fatal.



EVERYONE ON THE SAME PAGE

Just as driving accidents often happen close to home, many aviation accidents occur while training in our own backyards. Continuation training has the potential to involve toxic levels of complacency.

PRODUCTS & TOOLS



Learn the safety culture and climate within your organization.



A collection of resources to aid commanders and leaders in the management of range operations and safe weapons handling.



Great resource for finding a local riding association, and learning to be a safer rider.



ReportIt is the single Army accident and risk management system for collecting injury, illness and loss data.



Make your Soldiers aware of the off-duty hazards they'll face with the Off-duty Safety Awareness Presentation.



Going on leave, pass or TDY? Don't forget to first complete your Travel Risk Planning System assessment.

Do you want to start receiving U.S. Army Combat Readiness Center safety products — such as the weekly **KNOWLEDGE** newsletter and Preliminary Loss Reports — via email? If so, just click the **subscribe to safety products** box at the bottom of this newsletter and select which products you'd like to receive.



ACCIDENT BRIEFS

ACV

A Soldier died when his MATV overturned after the road shoulder collapsed.

ENGAGEMENT TIPS

Do your Soldiers always wear their vehicle restraints and safety harnesses while on duty?



[CLICK HERE TO VIEW MORE PRELIMINARY LOSS REPORTS](#)

POST THIS

Common causes of Manual Material handling injuries

- ✓ POOR BODY MECHANICS INCLUDING:
 - Improper lifting techniques
 - Posture, changing positions, twisting
 - Repetitive motion injuries
- ✓ REPETITIVE MOTION INJURIES
- ✓ IMPROPER STACKING AND STORING OF MATERIALS
- ✓ POOR HOUSEKEEPING

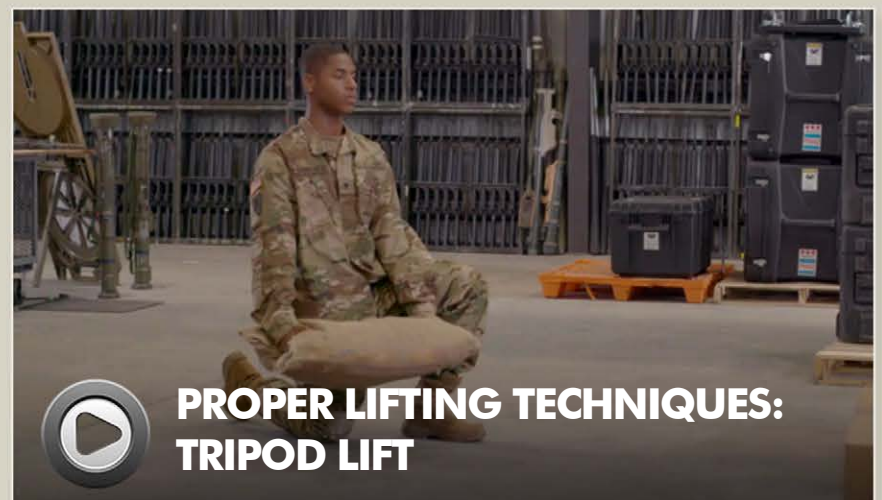
To view proper lifting techniques and for more material handling resources, visit our Workplace Safety homepage at:

<https://safety.army.mil/ON-DUTY/Workplace.aspx>



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PROPER LIFTING TECHNIQUES: TRIPOD LIFT

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