

February 5, 2018



BOSS Ski Trip date change



On Feb. 24-25 active duty military, civilians, and their family members are invited to join BOSS for an overnight ski trip to Massanutten Ski Resort, VA. The trip will be departing from the JBM-HH Community Center, Bldg 405, on Feb. 10 at 10 a.m.

Sign up in person or by phone at the BOSS Office in the JBM-HH Community Center, Bldg 405. Only 30 slots are available, with active duty military receiving priority. Availability is first come, first serve. Cost includes transportation, lodging, equipment rental and lift pass. For additional information on cost and to sign up, contact the BOSS Program, Community Activity Center at (703) 696-3469.

Black History Month gospel service

Come to Memorial Chapel at 1 p.m. this Saturday to observe the Gospel Service Keeper of the Community Black History Month Award Celebration. Join us as we pay tribute to the Vietnam War era service members, commemorating the 50th anniversary of the Vietnam War. The celebration includes a diverse range of performers including the JBM-HH Gospel Service Praise Team.

The program is free and open to the public. Early arrival is recommended. There will be a catered dinner following the program. For additional information contact Edgar Brookins at (202) 320-0939 or edgarb@afro.com.



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Fort Myer Thrift Shop offering scholarships

The Fort Myer Thrift Shop has begun accepting applications for the 2018-2019 academic year. Applications must be postmarked by March 29. They will also be accepted if delivered to the thrift shop. Applications will not be accepted by email.

The scholarships are awarded based on merit and are available for children and spouses of U.S. Army personnel—active duty who either live in or are deployed from the greater Washington area, retired or deceased. An applicant must have a valid military dependent ID card.

Dedicated volunteers and staff give generously of their time involving numerous hours every year to raise the funds for this program.

Information with instructions and application, along with a checklist are available on the Myer Thrift Shop website www.fortmyerthriftshop.org under scholarships.

For more information and questions, email scholarshipsfmts@gmail.org.



Fort Myer Thrift Shop community grants

The Fort Myer Thrift Shop is now accepting applications for community grants to organizations that provide services and or/support to military organizations, personnel, and their Families. Requests are accepted from 501 c (3) and government entities in this area. Requesters have until April 19 to apply.

Additional information and application forms are available online at www.fortmyerthriftshop.org under community events. Requests must be postmarked, or hand delivered to the Fort Myer Thrift Shop by April 19.

For more information or questions, email communitygrants@gmail.com

Voluntary Leave Program

Employees who desire to donate leave to Sandra “Sam” Winkelspecht should complete OPM Form 630-A for those within the agency at www.opm.gov/forms/pdf_fill/opm630a.pdf. Those outside of the agency should use OPM Form 630B www.opm.gov/forms/pdf_fill/opm630b.pdf or www.opm.gov/oqa/leave/HTML/formindx.asp. Winkelspecht has been approved to receive leave under the Volunteer Leave Program due to an injury that she suffered earlier in the year. She still has a long way to recovery and has exhausted all of her annual and sick leave. The donation may be sent to Liz Creech by calling (703) 696-0758, by email at elizabeth.creech4.civ@mail.mil or Leslie Watts by calling (703) 696-5650 or by email at leslie.d.watts10.civ@mail.mil.

Dissertation interviews

Ketty Henderson is looking for transitioning service members to interview for her dissertation. Her dissertation will focus on the military service member transitioning to civilian life. For more information, contact Henderson by calling (703) 967-6005, (703) 696-6997, or by email ketty.d.henderson.civ@mail.mil.

Prostate Cancer Support Group Meetings

Belvoir

The prostate cancer support group meets at Fort Belvoir Community Hospital the second Thursday of every month. The next meeting will be Feb. 8 from 1 to 2 p.m. and 6:30 to 7:30 p.m. at the Urology Clinic, Sunrise Pavilion, on the second floor. For those without a military ID, arrive at the gate one hour before the meeting to complete paperwork for base access. Spouses/partners invited.

Walter Reed

The prostate cancer support group meets at Walter Reed National Medical Center the third Thursday of every month. The next meeting will be Feb. 15 from 1 to 2 p.m. and 6:30 to 7:30 p.m. (American building River conference room, third floor). Spouse/partners are invited. A military ID is required for post access to Walter Reed. For those without a military ID, call the Prostate Center at (301) 319-2900 at least four business days prior to the event for access to the post.

For more information on these meetings, contact Col. (Ret) Jane Hudak at (301) 319-2918 or jane.l.hudak.ctr@mail.mil.

Blue Tie Affair 2018

Do you know someone who:

- Serves as a volunteer coach?
- Reads books to children at the local childcare center?
- Works to make sure your child is safe?
- Organizes community efforts that support the well-being of children?

The JBM-HH Family Advocacy Program recognizes individuals in the National Capital Region who have gone above and beyond in their efforts to prevent child abuse and neglect in the community. Please nominate an individual for consideration. An appointed committee will select the final recipients to be recognized at the Annual Blue Tie Affair which will be held on April 19 in the Spates Community Club.

NOMINATION GUIDELINES

- The deadline for nominations is **March 1**.
- Nominations are open to the **entire Community**—all branches of the Military, Family members, DoD Civilians, Retirees, and community partners.
- You may nominate more than one individual. Please complete a nomination form for each nominee.
- To download an electronic copy of this form, please visit <https://jbmhh.armymwr.com/programs/army-volunteer-corps>.

Please return all nomination forms no later than **MARCH 1, 2018**: Army Community Service, 202 Custer Road (BLDG 201) Fort Myer, VA 22211
Email: Patricia.C.Sands2.civ@mail.mil
Fax: 703-696-1201

For additional information, please contact the Army Community Service, Family Advocacy Program at 703-696-6511 or Patricia.C.Sands2.civ@mail.mil.

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Family Advocacy Program Upcoming Classes

Join the Army Community Service's Family Advocacy Program this February in fun and informative community classes! Read the course descriptions below to find a class for you.

All courses take place in the Army Community Services building, 202 Custer Rd, Bldg. 201 at Fort Myer. For more information, or to register for any of these courses call (703) 696- 3512 or visit jbmhh.armymwr.com. Registration is required.

ScreamFree Parenting

On Feb. 13, from 9 a.m. to 1 p.m., Army Community Services will offer a course on ScreamFree Parenting. Moving beyond many of the child-centered technique based approaches, the ScreamFree focuses on providing parents relaxation techniques and strategies for individual growth.

The Five Love Languages

On Feb. 14, from 9:30 a.m. to 11:30 a.m., Army Community Services will offer a course on the five love languages. Learn to strengthen your communication skills with those you love through self-exploration.

Chat & Chew

On Feb. 21, from 11:30 a.m. to 12:30 p.m., the New Parent Support Program will present a Chat & Chew session, featuring parenting tips on infant and child nutrition.

Parents with children up to five years old are invited to enjoy a healthy lunch while learning about their infant and preschooler's nutritional needs. Registration is required as lunch will be provided.

Family Advocacy Program Indoor Play Mornings

Join the New Parent Support Program Thursday mornings through April 26 from 10 a.m. to 11:30 a.m. in Memorial Chapel for afternoons of fun, music, and story-time. Parents, caregivers and children up to five years old are welcome to attend. Registration is requested. For general information and registration, please call (703) 696-3512 or TTY (703) 696-4675.

Survivor Outreach Services Mardi Gras pamper party

SOS will be celebrating Mardi Gras (also known as Fat Tuesday) in the ACS classroom Feb. 13 from 2 p.m. to 7

p.m. by making beignets, scented candles, and bath bombs. Brunch/light Dinner Served. Reservations are required. To RSVP please contact Kristi.p.pappas.civ@mail.mil by Thursday.



Bible study weekly

A joint base Bible study is being held in Memorial Chapel conference room, Fort Myer, Wednesdays at 11:45 a.m., lasting a little less than an hour, so you can take your lunch time.

We will be reading the book "Growing Your Faith" by Jerry Bridges. Lunch and books will be provided free to all participants.

For more information, call (703) 696-6635/7671.

Using credit wisely

On Feb. 28, join ACS in building 201 from 1 to 2 p.m. for an opportunity to learn strategies for using credit wisely. Gain insights on the different types of credit, the importance of a credit report, and dealing with debt management. Registration is required, contact Arcelio.v.alleyne.civ@mail.mil.

Winter safety advisory

Although it may seem like it, we are not yet out of the winter season. Due to an incident where someone slipped and fell at JBM-HH, the Joint Base Safety Office is reminding everyone to be cautious of cold weather and icy sidewalks.

Facility managers and employees are responsible for ensuring safe walking surfaces within a 50 feet distance of their building. Each facility should be equipped with a gray ice bucket with salt to treat icy surfaces. If your building does not have a gray ice bucket please contact the Directorate of Public Works by phone at (703) 696-3263.

Your efforts will ensure the safety of all soldiers, employees and guests here at JBM-HH.



Presidents Day Hours

The following Myer/McNair services are **closed** on Presidents Day: FMWR Admin Offices, Army Community Services, Child Development Center, School Age/Youth Center, Community Activity Center, Auto Crafts Skills Center, JBM-HH Library, Spates Community Club, Spates Five Star Catering, Fort McNair Club, McNair Five Star Catering, Patton Hall Admin, Patton Hall Five Star Catering, Patton Hall Fife & Drum, Patton Hall Old Guard Lounge, Patton Hall Pools, Spindrifft Café.

The following Henderson Hall services are **closed** on Presidents Day: MCSS, NEX.

The following services are operational on Presidents Day

Monday Feb. 19

Myer Fitness Center	8 a.m. – 4 p.m.
McNair Fitness Center	24 hour operation
Bowling Center	Noon – 6 p.m.
JBM-HH Commissary	8:30 a.m. – 4:30 p.m.
Henderson Hall MCX	10 a.m. – 6 p.m.
Henderson Hall Barbershop	11 a.m. – 3 p.m.
Java Cafe	10 a.m. – 3 p.m.
Semper Fit	8 a.m. – 1 p.m.