### 10 Reasons Why to See a Chaplain

SPIRITUAL HELP: Nothing is more central to your Chaplains' work than assisting people in their relationship with God. We have skills and knowledge that can be of assistance to you in understanding your relationship with God.

**DECISIONS:** The big decisions of life are so important that they need to be talked about and prayed about. God never intended that we should make these decisions alone. Your Chaplains can possibly point out additional dimensions of the decision to be made that had not been considered. We are ready to discuss your difficult decisions in an atmosphere of confidence and friendship and to pray with you for God's guidance.

**PRESSURE:** Your Chaplains can help you ease the inner pressure and frustrations that your duties and / or separation adjustments may bring. We can also offer advice and alternatives of which you may not have been aware.

**PROBLEMS:** There are times when we need someone to talk to about life and its consequences, guilt that we carry, or just things that are 'bugging us.' We will hear you in a non-judgmental and confidential atmosphere, and will stand ready to pray with you regarding your situation.

**WEDDINGS:** Weddings are considered acts of worship by the Chaplains and as such have spiritual and religious meaning for the participants. Preparation is most important for this special service so it is necessary to contact us at least 12 weeks prior to the planned date of your wedding to allow time for pre-marital counseling.

**BIRTHS:** When a baby is born your Chaplains would like to call when the mother is still at the hospital. The visit could also be a time to begin planning for the new child's baptism, christening or dedication. We will not know about the birth unless you inform us.

MARRIAGE PROBLEMS: When a marriage falls on hard times, couples often do not seek help until it is too late. Your Chaplains are trained in marriage counseling and can help you to work through your problems or guide you to other sources of professional help.

**HOSPITALIZATION:** Let your Chaplains know if you or a member of your family is admitted to the hospital. We would like to bring the comfort of God's word and love to your hospital room, especially prior to surgery.

**DEATH:** When death comes to a member of the family, to a close friend, to someone you love, or to a comrade in arms your Chaplains can offer you comfort, help you to work through your grief, and also help you in your faith.

**DRUG & ALCOHOL ABUSE:** Your Chaplains are trained in many areas of counseling, to include Drug / Alcohol related problems, and stand ready to assist you in dealing with these problems. We can direct you to sources of help as well.

# Area II and Yongsan Religious Support Teams

Garrison Chaplain	738-3011
Deputy Garrison Chaplain/RM	738-3058
Garrison CH NCOIC/Fund Manager	738-3917
South Post Chapel	738-6054
Memorial Chapel	725-4076
Brian Allgood Hospital Chapel	737-1636
K-16 Chapel	741-6280
Catholic Priest	725-2955
USFK Command Chaplain	725-6009
SOCKOR Command Chaplain	723-3014
1st Signal Brigade Chaplain	723-6707
41st Signal Battalion Chaplain	724-3089
Brian Allgood Hospital Chaplain	737-1634
2-2 <sup>nd</sup> AH Battalion Chaplain	741-6448

After Hours Emergencies and Weekends
On-Call Duty Chaplain 010-4793-0143

### **Your Unit Ministry Team**

Each Unit, Army Headquarters, Garrison, Brigade, Battalion, and Detachment has a Unit Ministry Team (UMT) that consists of a Chaplain and Religious Affairs Specialist. Together, they minister to promote your spiritual, relational, and moral well-being. To accomplish this mission, the UMT performs, or provides religious education and worship services, conducts counseling, and offers training events, such as Suicide Intervention, Coping Skills, Prayer Luncheons or Strong Bonds Enrichment Conference.

Have a problem? Don't hesitate to contact your UMT. We exist to serve you! To contact your UMT, consult the phone roster above.

As of 24 October 2017

Yongsan Religious Services, Training and Activities



Where you can "Grow in Faith"

"Courageous in Spirit"
"Compassionate in Service"

Sponsored By USAG-Yongsan Religious Support Office Unit 303 Box 75, Bldg. 3794 Yongsan, South Korea (315) 738-3011

After Hours Emergencies and Weekends
On-Call Duty Chaplain 010-4793-0143

## How Chaplains & Religious Affairs Specialists Can Serve You!!

Yongsan Spiritual Resilience Community offers The Army's Most Vibrant Garrison Religious Support Programs in all of Korea, if not, the entire US Army. It's variety of over 100+ exciting Worship and Religious Education programs will meet your spiritual and social needs. This brochure summarizes the services and ministries currently offered. It will help you contact your Unit Chaplain and Chaplain Assistant in assisting you and your Family in pursuing spiritual growth at in Area II and Yongsan. There are Five Spiritual Resilience Centers on Yongsan and K-16 that serves as platforms for all our Religious Support Services and Education in Four Chapels and a Family Life Center.

## We are here to support you with Five Ingredients of Spiritual Resiliency



### **Religious Services**

Worship, Funerals, Memorial Ceremonies and Services

### Rites, Sacraments, Ordinances

Marriages, Burials, Baptisms, Confirmations, Sacraments, Blessings, Ordinances, Daily Prayers; other Ministrations and Religious requirements

#### **Pastoral Care**

Visitation, Counseling, Care to Casualties and Caregivers; Religious Support to Survivors, Critical Events Debriefings

### **Religious Education**

Study of religious teachings that includes Activities of Faith Sustainment, Marriage Enrichment, Problem Solving, Communication Skills, Parenting Skills, Youth Programs, Religious Literature.

### **Institutional Ministry**

Preserving Soldiers' fighting strength by maintaining their health and supporting Family members. Institutional ministry occurs in hospital and confinement or correction facilities.

# Yongsan ~ K-16 Weekly Religious Services

SOUTH POST CHAPEL	(738-6054)
(South Post Bldg. 3702)	

"CONTEMPORARY" R.O.C.K.	SUN	0900
"NONDENOMINATIONAL"	SUN	1100
"GOSPEL"	SUN	1300
LATTER DAY SAINTS (LDS)	SUN	1600
JEWISH	FRI	1900

## MEMORIAL CHAPEL (725-4076) (Main Post Bldg. 1597)

CATHOLIC MASS	SUN	0900
CATHOLIC MASS	SAT	1700
CATHOLIC DAILY MASS	M/W/F	1145
KATUSA WORSHIP	TUE	1830
CATHOLIC MASS	1 <sup>st</sup> SAT	0900
KOREAN CHRISTIAN FELLOWSHI	P 3 <sup>rd</sup> TUE	1145
ROK CATHOLIC MASS	3 <sup>rd</sup> THU	1730

## ALLGOOD HOSPITAL CHAPEL (737-1636) (South Post Bldg. 7005)

PROTESTANT "TRADITIONAL"	SUN	0930
SEVENTH DAY ADVENTIST (SDA)	SAT	1000
CATHOLIC DAILY MASS	THU	1145

### K-16 CHAPEL (741-6280)

(K-16 CAC Bldg. S-302)

PROTESTANT "CONTEMPORARY" SUN 1030

For more information,
please contact the Religious Support Office
for the latest publication @ 738-3011 or
youngshim.kim2.ln@mail.mil.

### For Emergencies ONLY

On Call Duty Chaplain ~ 010-4793-0143

# Post-Wide Auxiliary Ministries for You and Your Family

### **AWANA**

A weekly, fun, biblically based spiritual growth and character development program just for kids. Mondays, 1815, South Post Chapel

### **Children's Church**

The Children's Ministry goal is to equip and prayerfully support each child so that they might realize Christ's perfect plan for their life, and take an active part in sharing their faith with others, as we follow the instructions of our Lord to His disciples, to "go to all nations and make disciples." Sundays during Chapel.

### **Teen Vision Youth Ministry**

Fun and meaningful weekly ministry to teenagers.
Great food, fun & relevant talks.
Thursdays, 1800, South Post Chapel

### **Catholic Women Of The Chapel**

A weekly, supportive and inspirational gathering of Catholic women. Thursdays, 0930 and 1830 South Post Chapel

### **Knights of Columbus**

Catholic men's gathering for service and spiritual depth. 1st Saturday of the month, 1000, Memorial Chapel

### Men of the Morning Calm

Fun, relevant men's gathering designed to develop strong men, strong homes, and strong churches, 1st Saturday of the month, 0800, South Post Chapel

### **Protestant Women Of The Chapel**

A weekly, active, and inspirational women's gathering designed to encourage and inspire. Wednesdays, 0915 and Thursdays, 1800 South Post Chapel

### **Hangul Ladies Bible Study**

A weekly, active, and inspirational gathering of Hangul Ladies. Tuesdays, 1000, South Post Chapel

### **Small Group and Home Group**

We have over 20 different Bible Studies for Adults and Youth to meet your spiritual needs and likings.