VOLUME 58 NUMBER 31

AUGUST 5, 2017

THE KWAJALEIN HOURGLASS

The Patrick Sieben Trio perform for the Kwaj community Sunday, July 30, at Emon Beach.

Jordan Vinson

THIS WEEK

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U.S. Army photos by Jordan Vinson

PATRICK SIEBEN TRIO PERFORMS FOR USAG-KA

HOURGLASS REPORT

Las Vegas-based musicians Patrick Sieben, Danny Jacobellis and Ryan Martin finished a three-show tour of Kwajalein and Roi-Namur last week. This was the group's second visit to the garrison, the last occurring in late 2015.

Dubbed the Patrick Sieben Trio, the three have been playing together for about six years. They play a mix of originals, and their covers range from hits by Matchbox 20 and Michael Jackson to Bruno Mars and Coldplay.

Their Friday night show on Roi and their weekend shows at the Vets Hall and Emon Beach, all of which were sponsored by Quality of Life, were a welcome treat for garrison residents.

FROM LEFT: Lauren and Billy Traweek dance to some late-1990s covers Sunday at Emon Beach. Danny Barthle, Kwajalein's resident sound engineer, checks the band's levels during the Emon Beach show. Drummer Ryan Martin keeps the beat on some reggae.

THE KWAJALEIN HOURGLASS

The Kwajalein Hourglass is named for the insignia of the U.S. Army 7th Infantry Division, which liberated the island from the forces of Imperial Japan on Feb. 4, 1944.

The Kwajalein Hourglass is an authorized publication for military personnel, federal employees, contractor workers and their families assigned to U.S. Army Garrison-Kwajalein Atoll. Contents of the Hourglass are not necessarily official views of, or endorsed by, the U.S. Government, Department of Defense, Department of the Army or USAG-KA. It is published Saturdays in accordance with Army Regulation 360-1 and using a network printer by Kwajalein Range Services editorial staff.

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U.S. Army photo by Nikki Maxwell

Lt. Gen. James Dickinson, commanding general of U.S. Army Space and Missile Defense Command, and RMI Foreign Minister John Silk sign an agreement that now grants complete access to some USAG-KA islands that lie within the mid-atoll corridor at Kwajalein Atoll. Local residents will now have the ability to perform crop cultivation and family burials on the islands—a first in many years.

US, RMI SIGN AGREEMENT GRANTING ACCESS TO MID-ATOLL ISLANDS

EXTERNAL REPORT

By Jason Cutshaw, SMDC Public Affairs

REDSTONE ARSENAL, Alabama— With a historic agreement, The United States shows dedication to its relationship and addresses the challenge of limited space for Pacific island inhabitants.

Lt. Gen. James H. Dickinson, commanding general, U.S. Army Space and Missile Defense Command/Army Forces Strategic Command, signed an implementing arrangement with John Silk, Republic of the Marshall Islands foreign minister, July 12, on Kwajalein Atoll. The agreement will give the Marshallese burial and gardening rights on select islands in the mid-atoll corridor.

"This is an unprecedented milestone in our unique relationship with the U.S.," said RMI Kwajalein Senator David Paul. "This will allow people of Kwajalein Atoll residing on the islands of Ebeye, Enebouj, Enelapkan, Bikej, Santo, Mejatto and Ebadon to gain access to this area, which will provide tremendous opportunities for them regarding food security and will also provide option for burial sites for our love ones."

The implementing arrangement opens islands and the area of the mid-atoll corridor to visitation unless closed temporarily on orders of the United States Army Garrison-Kwajalein Atoll commander in order to avoid interference with operations of the defense sites or to avoid posing safety hazards to individuals in the area. Notice of these periods of closure shall be given to the RMI government in a timely manner.

However, in no event will there be less access to the Mid-Atoll Corridor than 126 days each calendar year.

Based on analysis conducted by the Ronald Reagan Ballistic Missile Defense Test Site, the impact on range operations will be minimal.

"U.S. Army Garrison–Kwajalein Atoll remains dedicated to ensuring a mutually beneficial relationship between the United States and the Republic of the Marshall Islands," said Col. James A. DeOre Jr., USAG-KA commander. "Permitting burials in the mid-atoll corridor during non-closure periods is a common-sense idea that demonstrates SMDC's and USAG-KA's commitment to advancing that mutually beneficial relationship."

The islands within the geographic areas are available for burial and the construction of structures no more than 15 feet in height built for the purpose of directly supporting burial and related gardening activities on the islands.

"The implementing instructions on mid-atoll gardening and burials will address a long-term challenge of limited space on Enniburr and Ebeye," said Dr. James H. Isbell, USASMDC/ARSTRAT political and military advisor. "Additionally, the agreement will facilitate the opportunity for Marshallese to have access to fresh fruits and vegetables, which can help address the diabetes crisis that impacts the Atoll and nation."

"We understand the challenges our operations place on the Marshallese people," Isbell added. This agreement shows we can be sensitive to their needs while still performing the military's strategic missions and continuing to foster this vitally important and symbiotic relationship."

U.S. Air Force photo by Airman 1st Class Clayton Wear).

An unarmed Minuteman III intercontinental ballistic missile launches during an operational test at 2:10 a.m. Pacific Daylight Time Wednesday, Aug. 2, 2017, at Vandenberg Air Force Base, Calif.

AF GLOBAL STRIKE COMMAND FIRES GT SHOT AT REAGAN TEST SITE

EXTERNAL REPORT

A team of Air Force Global Strike Command Airmen from the 90th Missile Wing at F.E. Warren Air Force Base, Wyoming, launched an unarmed Minuteman III intercontinental ballistic missile equipped with a single test reentry vehicle Aug. 2 at 2:10 a.m. Pacific daylight time from Vandenberg Air Force Base, California.

While not a response to recent North Korean actions, the test demonstrates that the United States' nuclear enterprise is safe, secure, effective and ready to be able to deter, detect and defend against attacks on the United States and its allies.

The ICBM's reentry vehicle, which contained a telemetry package used for operational testing, traveled approximately 4,200 miles to the Kwajalein Atoll in the Marshall Islands. These test launches verify the accuracy and reliability of the ICBM weapon system, providing valuable data to ensure a continued safe, secure and effective nuclear deterrent.

"This operational test launch highlights the commitment and outstanding professionalism of the 90th Missile Wing, the 576th Flight Test Squadron and our mission partners in the 30th Space Wing," said Col. Dave Kelley, 576th Flight Test Squadron commander. "These test launches require the highest-degree of technical competence and commitment at every level and provide critical data necessary to validate the reliability, accuracy and performance of the ICBM force.

F.E. Warren AFB is one of three missile bases with crew members standing alert 24 hours a day, year-round, overseeing the nation's ICBM alert forces.

"I am extremely proud of the operators and maintainers from the 90th Missile Wing. This Task Force worked flawlessly alongside the absolute professionals from the 576 FLTS to make this mission a success," Lt. Col. Troy Stauter, Glory Trip 223 Task Force commander, said. "Promoting the deterrence, assurance and strike capability of the Minuteman III could not be done without the dedication, professionalism and teamwork of the men and women of Air Force Global Strike Command."

The ICBM community, including the Department of Defense, the Department of Energy, and U.S. Strategic Command uses data collected from test launches for continuing force development evaluation. The ICBM test launch program demonstrates the operational capability of the Minuteman III and ensures the United States' ability to maintain a strong, credible nuclear deterrent as a key element of U.S. national security and the security of U.S. allies and partners.

Courtesy of Linn Ezell

The Wednesday night re-entry at Kwajalein Atoll is photographed by Kwaj resident Linn Ezell near Emon Beach.

A Terminal High Altitude Area Defense (THAAD) interceptor is launched from the Pacific Spaceport Complex Alaska in Kodiak, Alaska, during Flight Experiment THAAD (FET)-01 on July 30, 2017 (EDT). During the test, the THAAD weapon system successfully intercepted an air-launched, medium-range ballistic missile (MRBM) target

MDA photo

THEATER MISSILE DEFENSE SYSTEM GOES 15 FOR 15 IN LATEST TEST

EXTERNAL REPORT

The U.S. Missile Defense Agency and U.S. Army soldiers of the 11th Air Defense Artillery Brigade from Fort Bliss, Texas, conducted a successful missile defense test today using the Terminal High Altitude Area Defense (THAAD) system.

A medium-range target ballistic missile (MRBM) was air-launched by a U.S. Air Force C-17 over the Pacific Ocean. The THAAD weapon system located at Pacific Spaceport Complex Alaska in Kodiak, Alaska, detected, tracked and intercepted the target.

The test, designated Flight Experiment THAAD (FET)-01, was conducted to gather threat data from a THAAD interceptor in flight.

"In addition to successfully intercepting the target, the data collected will allow MDA to enhance the THAAD weapon system, our modeling and simulation capabilities, and our ability to stay ahead of the evolving threat," said MDA Director Lt. Gen. Sam Greaves.

Soldiers from the 11th Air Defense Artillery Brigade conducted launcher, fire control and radar operations using the same procedures they would use in an actual combat scenario. Soldiers operating the equipment were not aware of the actual target launch time.

This was the 15th successful intercept in 15 tests for the THAAD weapon system.

The THAAD element provides a globally-transportable, rapidly-deployable capability to intercept ballistic missiles inside or outside the atmosphere during their final, or terminal, phase of flight. THAAD is strictly a defensive weapon system. The system uses hit-to-kill technology where kinetic energy destroys the incoming target.

The mission of the Missile Defense Agency is to develop and deploy a layered ballistic missile defense system to defend the United States, its deployed forces, allies and friends from ballistic missile attacks of all ranges in all phases of flight.

The Reagan Test Site and U.S. Army Garrison-Kwajalein Atoll have supported several THAAD system tests in the past. ***SEE PAGE 6 FOR MORE INFO ABOUT THE SYSTEM.***

https://www.mda.mil
mda.info@mda.mil

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Fort Belvoir, VA 22060-5573

Terminal High Altitude Area Defense

The Terminal High Altitude Area Defense (THAAD) element provides the Ballistic Missile Defense System (BMDS) with a globally-transportable, rapidly-deployable capability to intercept and destroy ballistic missiles inside or outside the atmosphere during their final, or terminal, phase of flight.

Overview

- Land-based element capable of shooting down a ballistic missile both inside and just outside the atmosphere
- Highly effective against the asymmetric ballistic missile threats.
- Uses hit-to-kill technology whereby kinetic energy destroys the incoming warhead
- The high-altitude intercept mitigates effects of enemy weapons of mass destruction before they reach the ground

Details

- A THAAD Battery consists of four main components:
  Launcher: Truck-mounted, highly-mobile, able to be stored; interceptors can be fired and rapidly reloaded.
  Interceptors: Eight per launcher
  Radar: Army Navy/Transportable Radar Surveillance (AN/TPY-2) – Largest air-transportable x-band radar in the world searches, tracks, and discriminates objects and provides updated tracking data to the interceptor.
  Fire Control: Communications and data-management backbone; links THAAD components together; links THAAD to external Command and Control nodes and to the entire BMDS; plans and executes intercept solutions.
- Rapidly-deployable by being globally-transportable via air, land and sea.

Development

- State-of-the-art engineering ensures high standards and efficient production and maintenance.
- Comprehensive program of ground and flight tests, quality assurance, and design and development activities support mission success.
- Major events in the THAAD Program:
  - Returned to flight test on November 22, 2005 at White Sands Missile Range, New Mexico
  - Completed 15 successful intercepts in 15 attempts since current program testing began on the operationally-configured interceptor.
  - Continuing element development to incrementally improve missile defense capability.

Procurement

- First two batteries fielded at Fort Bliss, Texas. Total hardware for Batteries #1 & #2 includes six Launchers, two Fire Control and Communications Components, two AN/TPY-2 radars, and 48 interceptors. Delivered 50th operational interceptor in 2012.
- Battery #3 - #5 completed delivery in 2013, 2014 and 2015, respectively.
- Battery #6 completed delivery in 2016.
- Battery #7 on contract in 2014.

Fielding

- Activated six THAAD Batteries in 2008, 2009, 2012, 2014, 2015 and 2016.
- Received Conditional Materiel Release of two batteries and transition of operations to the Army in February 2012 and Urgent Materiel Release of another two batteries in December 2014.
- New Equipment Training (NET) for Battery #5 and Battery #6 began in 2016.

DISPATCH FROM ROI-NAMUR

2017 ROI COCONUT CUP HIGHLIGHTS

HOURGLASS REPORT

Roi contenders cheered as nearly three dozen decorated coconuts raced to victory at sea in the 17th Annual Roi-Namur Coconut Cup sponsored by the Roi Golf Shack. Sponsored by the Roi Golf Shack, the event raised $750 in cash to be donated to the Third Island School for the upcoming academic year.

On race day, coconuts bearing bright paint jobs and modified for speed were released into the Roi lagoon where the tide would determine the day's winners in their fierce float to the finish. Top honors in the modified category went to its solo entry, a Nasa space shuttle coconut designed by Evan Reed. Most other coconuts competed for the win in the stock category: In first place was Scott Skiles from the Roi-Namur Power Plant; second place went to Community Activities Golf Course crew, Jelwin Garcia, Mario David and Bellu Tabu; third place went to Laura Pasquarella-Swain.

Congratulations to all the winners and participants in this year's race.

Courtesy of Laura Pasquarella-Swain

CLOCKWISE FROM TOP: A flotilla of painted coconuts compete for top prizes in the 17th Annual Roi-Namur Coconut Cup; coconuts get ready to race; the winning entry in the modified category, engineered by Evan Reed; a bevy of stock coconuts painted in bright colors; a clever octopus design catches a swell before racing ahead of the competition.

www.army.mil/kwajalein

Check out USAG-KA's new website for garrison and community news, links to each directorate and other helpful information. Have thoughts or suggestions? Send them to the USAG-KA Public Affairs Office at Nikki.l.maxwell.civ@mail.mil.

TIPS TO KILL BACTERIA IN PRODUCE

HOURGLASS REPORT

Fruits and vegetables are an important part of a healthy diet. Your local markets carry a wide variety of nutritious fresh fruits and vegetables. However, harmful bacteria that may be in the soil or water where produce grows can come in contact with fruits and vegetables and contaminate them. Fresh produce may also become contaminated after it is harvested, such as during storage or preparation.

Eating contaminated produce can lead to foodborne illness, often called "food poisoning." So as you enjoy fresh produce, follow these safe handling tips to help protect yourself and your family.

You can help keep produce safe by making wise buying decisions.

• Choose produce that is not bruised or damaged.
• When buying pre-cut, bagged or packaged produce — such as half of a watermelon or bagged salad greens — choose only those items that are refrigerated or surrounded by ice.
• Bag fresh fruits and vegetables separately from raw meat, poultry, and seafood when packing them to take home from the market.

Proper storage of fresh produce can affect both quality and safety.

Store perishable fresh fruits and vegetables (like strawberries, lettuce, herbs, and mushrooms) in a clean refrigerator at a temperature of 40 F or below. Use a thermometer to check! If you're not sure whether an item should be refrigerated to keep its quality, ask a manager or the food safety inspector. Refrigerate all produce that is purchased pre-cut or packaged.

Keep fruits and vegetables that will be eaten raw separate from raw meat, poultry, and seafood — and from kitchen utensils used for those products.

• Wash cutting boards, dishes, utensils, and countertops with soap and hot water between preparing raw meat, poultry, and seafood and preparing produce that will not be cooked.
• If possible, use one cutting board for fresh produce and a separate one for raw meat, poultry, and seafood.
• If you use plastic or other non-porous cutting boards, run them through the dishwasher after use.

When preparing any fresh produce, begin with clean hands. Wash your hands for at least 20 seconds with soap and warm water before and after preparation.

• Cut away any damaged or bruised areas on fresh fruits and vegetables before preparing and/or eating. Throw away any produce that looks rotten.
• Wash all produce thoroughly under running water before preparing and/or eating, including produce grown at home or bought from a grocery store or farmers' market.
• Washing fruits and vegetables with soap, detergent, or commercial produce wash is not recommended.
Even if you do not plan to eat the skin, it is still important to wash produce first so dirt and bacteria are not transferred from the surface when peeling or cutting produce.
• Scrub firm produce, such as melons and cucumbers, with a clean produce brush.
• After washing, dry produce with a cloth towel or paper towel to further reduce bacteria that may be present on the surface

IMPORTANT CHANGES COMING TO ZDF

Starting this August, Zamperini Dining Facility patrons will begin to see a lot of changes at the cafeteria.

What's in the works?

A new All American Bar and Deli station

- Available every day for lunch and Sunday/Monday dinners
- Will feature a daily grilled feature sandwich and appetizer, along with a full assortment of toppings
- Will feature hot dogs, burgers, etc. as standard items daily

A new daily breakfast menu and layout

- Available every day
- Will feature four different main line protein items (Canadian bacon, sausage patties, bacon, ham steak, for instance) every breakfast session
- Will feature a station-based serving arrangement, requiring a change in foot traffic in the facility

New eggs-to-order and omelet station for Sunday/Monday brunch

- You grab your omelet fillers, portioning them as you see fit and hand them to the grill master

New salad bar menu

Lots more

- More frequent sliced steak offerings
- Implementation of the military's Go For Green program, featuring easy-to-understand nutritional value placards for each food item
- Displays at the facility entrance, put in place to inform patrons of the day's menu items

These improvements are exciting. However, in order for us to be able to create and manage this varied menu every day we emphasize to our patrons:

It's All You Can Eat. Not All You Can Take.

Starting in August, ZDF servers will begin portioning out the main line protein items, providing a maximum of two main proteins or one main protein and a sandwich per meal.

An average main protein portion is 5-8 ounces. Portioning will occur for both dine-in and take-out patrons; take-out patrons will, of course, not be able to return to the line for second portions. All other food items (the salad bar, for instance) will remain on a self-serve basis.

Without properly portioning out the protein items, we will not be able to sustain this new, varied menu. Please be patient as we implement these changes.

THE SURFWAY RESUPPLY PROCESS

A step-by-step journey from the mainland to the shelf

By Jordan Vinson

BY THE TIME YOU GRAB a can of marinara sauce or a head of broccoli from the shelf at Surfway, those products have travelled thousands of miles across the Pacific. Countless work hours go into processing orders, communicating with suppliers in the United States, transporting purchased goods via trucks, ships, planes and forklifts and readying them for sale in the store. It's a logistical labyrinth, and you can learn more about the process below.

Food by sea

1 Tracking product inventories, Surfway staff request resupplies from island warehouses. When received, they restock the store's shelves.

2 KRS Warehouse staff track their own inventories, submitting resupply orders to the KRS acquisitions team. It's time to get a resupply shipment from the United States!

3 Spanning a two-week time span, the acquisitions team generates orders, which are approved by the government, and sends them to two off-island suppliers: the Defense Commissary Agency (DeCA) and the Defense Logistics Agency (DLA). Most items purchased at Surfway come from these two agencies.

4 DeCA and DLA receive the acquisition team's orders. Within a 4-5-week time span, DeCA fulfills those orders at the Port of Oakland, California, places those orders into shipping containers and loads them onto a cargo ship.

5 It's time to hit the sea. DeCA supplies depart California for Hawaii. In Hawaii, those supplies are transferred to a separate ship and then taken to Guam. In Guam, DLA supplies are transferred to yet another ship—"the barge," as garrison residents often call it—where they join the DeCA supplies. Now bundled together, the DeCA and DLA supplies make the trek to Kwajalein from Guam aboard the barge. This resupply barge arrives at Kwajalein every other week, except in situations involving inclement weather, which can delay transports.

6 About four weeks after the Oakland departure, the DeCA containers—now joined with the DLA containers—arrive at Echo Pier on Kwajalein.

7 Shipping containers are removed from ship and staged at the garrison's warehouses. Cold storage containers and dry storage containers go to separate warehouses.

8 Supplies in containers are unloaded and inspected. Inspectors search for the presence of pests, in-transit damage and supplies that might have spoiled during the journey.

9 Warehouse logistics staff replenish their product inventories. They are ready for further Surfway resupply requests.

Veggies by air

1 Every week, Surfway staff generate a produce order request. This order is created two weeks in advance of the order being sent off to mainland suppliers. This two-week window allows: 1) time needed to locate desired produce in the San Francisco Bay area and 2) opportunities for businesses to bid against one another to supply the produce for each order.

Once the KRS acquisitions team reviews the Surfway produce order request originally received two weeks prior, it generates a detailed produce order, which is approved by the government. This order is sent off to the selected Bay area fresh produce suppliers who will fulfill this week's order.

2 ORDER IS PLACED

3 Within a four-day time span, Bay area produce suppliers pull and package the requested supplies for shipment and deliver them to Travis Air Force Base, located in central California. An Air Force aircraft is readied for take-off.

4 Within a two-day time span, the produce is flown to Hickam Air Force Base, Hawaii, transferred to an Air Transport International, Inc. (ATI) aircraft and flown to Kwajalein.

5 Within one hour of the ATI's arrival, the produce is unloaded and transported to a cold storage warehouse on Kwajalein.

6 Within four-five hours of the ATI's arrival, the produce is inspected and staged for delivery; transported to Surfway; and placed on store shelves.

WEEKLY WEATHER OUTLOOK

RTS WEATHER STATION STAFF

WEATHER DISCUSSION: So far in August, the weather over Kwajalein Atoll has been very calm and dry during one of the first true examples of the doldrums this year. This quiet weather was caused by influences from several tropical systems further north in the Pacific, particularly Tropical Storm Nalgae, as well as a weak and unorganized ITCZ to the south of the atoll. However, as TS Nalgae begins to drift northward and the ITCZ reorganizes, a fairly strong monsoon trough will move northwestward over the atoll early Saturday morning and into the day on Sunday. This will likely cause widespread precipitation through Sunday morning, as well as southerly winds, and possibly a brief period of light SSW winds.

After this trough passes, expect widely scattered showers to continue due to strong low-level convergence remaining in the ITCZ, before another trough moves through the area on Tuesday and Wednesday.

SATURDAY/SUNDAY/MONDAY FORECAST: Scattered to numerous showers through Sunday morning, steadily decreasing to widely scattered showers by Monday morning. Winds E-ESE at 8-13 knots Saturday morning, becoming SE-S at 4-9 knots by Sunday morning, then shifting back to ENE-E at 8-13 knots by Monday. Some lightning activity possible with strongest showers on Saturday.

SUN-MOON-TIDES

	SUNRISE SUNSET	MOONRISE MOONSET	HIGH TIDE	LOW TIDE
SUNDAY	6:41 a.m. 7:09 p.m.	5:55 p.m. 5:05 a.m.	3:29 a.m. 4.1' 3:52 p.m. 3.3'	9:54 a.m. -0.2' 9:44 p.m. -0.1'
MONDAY	6:41 a.m. 7:09 p.m.	6:42 p.m. 5:55 a.m.	4:02 a.m. 4.3' 4:23 p.m. 3.6'	10:24 a.m. -0.4' 10:16 p.m. -0.3'
TUESDAY	6:41 a.m. 7:08 p.m.	7:29 p.m. 6:45 a.m.	4:33 a.m. 4.5' 4:53 p.m. 3.8'	10:53 a.m. -0.6' 10:48 p.m. -0.4'
WEDNESDAY	6:41 a.m. 7:08 p.m.	8:15 p.m. 7:35 a.m.	5:03 a.m. 4.7' 5:24 p.m. 3.9'	11:23 a.m. -0.7' 11:20 p.m. -0.5'
THURSDAY	6:41 a.m. 7:08 p.m.	9:00 p.m. 8:25 a.m.	5:34 a.m. 4.7' 5:55 p.m. 4.0'	11:53 a.m. -0.7' 11:53 p.m. -0.4'
FRIDAY	6:41 a.m. 7:07 p.m.	9:45 p.m. 9:16 a.m.	6:06 a.m. 4.5' 6:29 p.m. 3.9'	12:24 p.m. -0.6' ----------
AUGUST 12	6:41 a.m. 7:07 p.m.	10:30 p.m. 10:07 a.m.	6:40 a.m. 4.3' 7:05 p.m. 3.8'	12:28 a.m. -0.3' 12:57 p.m. -0.4'

Commander's Hotline

Have something the USAG-KA commander should know about?

Call the Commander's Hotline at 51098 today!

SEE SOMETHING – SAY SOMETHING

REPORTING SUSPICIOUS ACTIVITY
-Date and time activity occurred
-Where and what type of activity occurred
-Physical description of the people involved
-Description of modes of transportation
-Describe what you saw or heard
-Provide pictures if you took any

WHO TO REPORT TO
Local law Enforcement and Security
*911
*5-4445/4443
*usarmy.bucholz.311-sg-cmd.mbx.usag-pmo@mail

SHARP℠
U.S.ARMY
SEXUAL HARASSMENT/ASSAULT RESPONSE & PREVENTION

Sexual Harassment/Assault Response and Prevention (SHARP) Contact Information

CW3 Dave Casbarra
SHARP Victim Advocate

Work: 805 355 3421 • Home: 805 355 1731
USAG-KA SHARP Pager: 805 355 3243/3242/3241/0100
USAG-KA SHARP VA Local Help Line: 805 355 2758
DOD SAFE Helpline: 877 995 5247

Captain Louis S. Zamperini Dining Facility

*MENU CURRENT AS OF AUG. 2

LUNCH

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Aug. 12
Sauteed Beef Tips	Herb Baked Chicken	Buffalo Chicken Wings	Roast Chicken	BBQ Pork Ribs	Beef or Chicken Tacos	Spaghetti
Pork Chops w/Apple Sauce	Cajun Spare Ribs	Orange Pork	Kalua Pork & Cabbage	Jalapeno Spiced Beef Stew	Chimichangas	Kwaj Fried Chicken
Cheese Quiche	Garlic Spaghetti	Vegetarian Pasta	Boiled Potatoes	Baked Pasta	Mexican Rice	Cheesey Corn Casserole

DINNER

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Aug. 12
Baked Meatloaf	Cacciatore Chicken	Grilled Chicken w/Herbs	Ham Steak Hawaiian	Mongolian BBQ	Chicken Teriyaki	Oriental Pork Steak
Oven Fried Chicken	Manicotti	Beef Pot Pie	Vegetarian Stir Fry	Sweet & Sour Pork	Fish Du Jour	Beef Broccoli Stir Fry
Vegetarian Fried Rice	Pasta Carbonara	Brown Rice Pilaf	Three Cheese Macaroni	Fried Rice	Steamed Potatoes	Mac & Cheese

COMMUNITY CLASSIFIEDS

HELP WANTED

Visit USAJOBS.GOV to search and apply for USAG-KA vacancies and other federal positions. KRS and Chugach listings for on-Island jobs are posted at: Kwajalein, Roi-Namur and Ebeye Dock Security Checkpoint locations; outside the United Travel Office; in the Roi Terminal/Post Office; at Human Resources in Bldg. 700 and on the "Kwaj-web" site under Contractor Information>KRS> Human Resources>Job Opportunities. Listings for off-island contract positions are available at www.krsjv.com.

COMMUNITY NOTICES

Kwajalein Scuba Monthly meeting. 7 p.m., Aug. 9, at the Pacific Club. The dive locker will be Open before and after the meeting. Best Shark Video $100.00 at the dive locker. No more than one entry per person. No more than three minutes. Send photos to: Kwajscubaclubsecretary@gmail.com.

Kwajalein Schools is soliciting bids for an on-island photographer to take pictures for the upcoming 2017-2018 school year. If interested, please pick up the specification of requirements at the high school office or email dowella@kwajalein-school.com. Bids are due by August 11th. Questions? Call 5-2011.

Child and Youth Services (CYS) Volunteers Needed. CYS provides before and after school programming at the Child Development Center, School Age Center, Teen Center, and Youth Sports. Sign-up at CDC Central Registration, BLDG 358. Questions? Contact Mamo Wase at leimamo.k.wase.ctr@mail.mil.

Safely Speaking: Material Handling Part 5. You should always plan ahead, and use mechanical equipment whenever possible. This will reduce the distance that the load will need to be carried by moving the load as close to the destination as possible with a hand truck, furniture dolly or forklift.

Safely Speaking: Scuba Tank Safety. As a safety precaution, remember to stow your scuba tanks safely in the dive racks. Make sure the tanks are standing upright and secure in place. To prevent the tanks from falling, use a rope or strap and secure tightly.

E-Talk: Responsible Wreck Diving. Wreck diving can offer a great sense of adventure and are among some of the most popular spots on Kwajalein! This week's E-talk discusses how to be a responsible, respectful diver when exploring submerged cultural heritage sites.

REGISTRATION NOTICES

CYS Youth Sports: Flag Football Season Registration Open: Aug. 3–30. Season Dates: Sept. 7–Oct. 19. Cost is $25.00 per player. Open to all CYS Youth Kindergarten-Grade 6. To register, visit Amy Hansen at Central Registration, Building 358 or 5-2158.

CYS Start Smart Program: Golf Season Registration Open: Aug 3–30. Season Dates: Sept. 13-Oct. 18 (Wednesday's). Cost is $25.00 per player. Open to Ages 4-7. To register, visit Amy Hansen at Central Registration, Building 358 or 5-2158.

Adult Soccer Season Registration: Aug. 15–25. Season runs from Sept. 6–Oct. 20. $100 team fee. Separate men's and women's leagues. Limited team slots available so register fast! For questions or to register, email derek.m.finch.ctr@mail.mil or call 5-1275.

USAG-KA TREE REMOVAL

Airfield Operations has requested the removal of 69 trees/bushes south of the airfield along Ocean Rd and Zeus Blvd for the safety of our operations and personnel. The removal of these obstructions will take place over the next 30 days. These removal operations may create temporary impacts to traffic and golf play around the area. Please avoid any risk in these hazardous work areas by keeping a safe distance, respecting safety barriers/signs, and following the direction of the on-site safety personnel.

41 trees will be removed in the golf course area pictured below.

George Seitz Elementary School Kindergarten Registration 2017-2018

The George Seitz Elementary School Kindergarten Registration for the 2017-2018 Elementary School Year has resumed.

- Registration continues now through August 10th
- Registration Packets may be picked up at the Elementary School Office
- Office business hours are 7:30 am - 11:30 am & 12:30 pm - 4:30 pm
- Children eligible for Kindergarten must turn 5 before September 1, 2017.

Question? Call the GSES Office at 5-3601

Café Roi

*MENU CURRENT AS OF AUG 2

LUNCH

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Aug. 12
Peking Chicken	Pepper Steak	Spaghetti	Stir-Fry Beef	Ground Beef Tacos	Hot Brown Turkey Sand.	Shoyu Chicken
Indonesian Pork	Glazed Pork	Sausage & Peppers Sub	Chicken & Broccoli	Chicken Chimichanga	Chicken Adobo	Kahlua Pork
Eggs Benedict	Cheese Quiche	Garlic Bread	Rice Pilaf	Pasta Primavera	Collard Greens	Fried Rice

DINNER

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Aug. 12
Salisbury Steak	Pork Chops in Gravy	Coconut Fried Chicken	Roast Prime Rib	Fried Chicken	Pot Roast	Onion rings
Herb Baked Fish	Chicken & Noodles	Roast Pork	Mustard Chicken	Swedish Meatball	Fried Fish	Chili
Mashed Potatoes	Mashed Potatoes	Stir-Fry Vegetables	Corn on the Cob	Manicotti	Braised Cabbage	Meatloaf

SIMPLY SAFETY

COMMUNITY CONNECTION / SAFETY STAFF

In this segment of the Safely Speaking Materials Handling series we will discuss how to carry and maneuver loads safely. Remember to stop, think and act before any lift.

Whenever possible, plan ahead and use mechanical equipment to move the load as close to the destination as possible with a hand truck, furniture dolly or forklift. This will help you safely save your energy and time. Before you proceed with a forklift always ensure your path is clean and clear. Unlock and open any doorways that may block the path. Keep the load as close as possible and in the midline of the body or the green zone.

Remember the basic lifting techniques described in previous editions of Safely Speaking. Ensure that you have a firm grasp on the load before starting to lift. If a load is heavier on one side, keep that side closer to the body. Make sure you can see over the load and that does not interfere with your ability to walk. Use gloves to protect yourself from contact points. Get help if the load is over 50 pounds.

For lifting long objects carrying techniques include the shoulder carry, knuckle carry or 2-person lifting which are described below.

Shoulder Carry: Lift from one end of the object walk to the center point of the load. Place the object on one shoulder just in front of the balance point where the loads just starts to tip back. Control the position and angle of the load with your hand. Keep an eye out for your turning radius.

Knuckle Carry: Lift from one end of the object walk to the center point of the load. Keep the hands and the object at waist level.

2-Person Lifting: Plan and communicate clearly. One person leads and one person follows. The follower confirms directions verbally. Both provide feedback on speed and hazards. Have an exit strategy and communicate exit strategies and potential hazards to each other.

When lifting with a partner on stairs, the lower person taking a larger portion of the load. Set up the carrying technique to allow the top person to lower the load slightly and the lower person to lift their end slightly.

To maneuver heavier or large items through stairs, around corners or tight doorways maintain a neutral posture and protect finger pinch points between the object and doorways, railings or walls. Do not force the load.

THUMBS UP

A BIG THUMBS UP to John Bement of Lockheed-Martin and his crew for getting the first and second post to the beach volleyball net in place in record time! Thanks to you and your team, John!

—Cliff Pryor

AUGUST IS ANTI-TERRORISM MONTH

COMMUNITY CONNECTION BY:

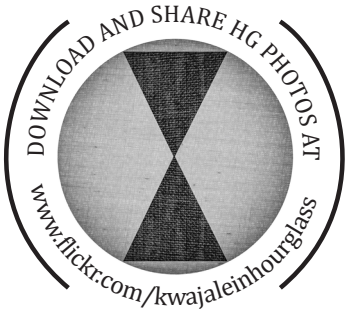
August is the U.S. Army's Anti-Terrorism awareness month. We need to mindful that in today's world terrorism is an enduring, persistent, worldwide threat.

So what exactly is anti-terrorism? Antiterrorism is the defensive element of combating terrorism by integrating risk management, planning, training, education, exercises, resource generation, program review and random antiterrorism measures into a holistic security program to protect against acts of terrorism. Extremist ideologies and separatist movements continue to have principles which threaten the world. Complacency (if present) provides the enemy with a critical intangible opportunity. We as a community must work together to understand security challenges and threat opportunities and fully manage complacency when and where necessary. Antiterrorism provides the defensive element of our community. Effective antiterrorism measures integrate a multitude of security programs which ensure protection of our people, information, infrastructure, installation, facilities, and forces.

As we work to sustain, prepare, reset and transform our way into the future, these imperatives cut across our entire force. As such, effective antiterrorism plans, information management, counter-measures, training, education, awareness, and resources must integrate holistically to support security programs. Do your part. Be vigilant. Report suspicious activities.

UNITED CHECK-IN TIMES

Monday, United 155—***3:30-4:45 p.m.***
Tuesday, United 154—***11-11:30 a.m.***
Wednesday, United 155—***2:30-3:45 p.m.***
Thursday, United 154—***11:30 a.m.-Noon.***
Friday, United 155—***3:30-4:45 p.m.***
Saturday, United 154—***11-11:30 a.m.***

ATI CHECK-IN TIMES

Early departures—***7:45-8:15 a.m.***
All other departures—***8-8:30 a.m.***
*Check with your ATI flight representative to confirm check-in and flight departure times.