

Join The Old Guard on 'mentoring' ride

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All active duty Soldiers in the National Capital Region are invited on a "Motorcycle Safety Ride" Aug. 11, sponsored by 3d U.S. Infantry Regiment (The Old Guard) and led by Sergeant Major of the Army Daniel A. Dailey.

Riders will gather at Fort Myer's Tri-Services Parking Lot D at 9 a.m., where all riders will undergo safety inspection and hear a pre-ride brief. Riders will depart for Mount Vernon, Va., at 10:15 a.m.; all will return to Fort Myer by noon and conduct an after action review. The aim of the ride is to promote motorcycle safety and awareness and to build esprit de corps among motorcycle riders.

Dailey, a new motorcycle owner himself, will make opening remarks and lead the ride to Mount Vernon and back.

There will be an estimate of over 1000-2000 motorcycles on the installation for that day. Expect traffic delays upon departure from JBM-HH. Sign up by talking to your platoon or first sergeant or call Master Sgt. Algie B. Smith at 703-696-3302.

Redskins tickets on sale

Washington Redskins 2017 football tickets are on sale through Aug. 10 to active duty military personnel only for \$265 a pair (two pairs are the maximum buy for one game). After Aug. 10, tickets will be available to all other authorized personnel.

Tickets are sold at the Community Activities Center, Bldg. 405, Fort Myer. All games are Fed-Ex Field home games. Seats are in section 129, lower level, end zone.

For more information, call 703-696-3470.

Prostate Cancer Support Group meets (a) Fort **Belvoir**

The Prostate Cancer Support Group meets at Fort Belvoir Community Hospital the second Thursday of every month; the next meeting will be Aug. 10 from 1 to 2 p.m. and from 6:30 to 7:30 p.m. in the Urology Clinic, Sunrise Pavilion, 2nd floor. Spouses/partners invited.

For more information, contact retired Col. Jane Hudak at 301-319-2918 or jane.l.hudak. ctr@mail.mil.

Back to School Summer Pool Bash – Aug. 18

The MCCS Henderson Hall School Liaison hosts a back to school bash at Maj. David Zembiec Pool Aug. 18 from 10 a.m. to 2 p.m., open to all Department of Defense identification card holders. Students can receive a free backpack provided by the USO, and hotdogs and burgers will be served. For more information, please call 703-693-8378 or visit www. mccsHH.com/SL.html.

VA Claims Assistance – Aug. 12, 16

An AMVETS representative will be at Marine & Family Henderson Hall to review service member medical records and provide assistance with the Department of Veterans Affairs disability compensation claims process Aug. 2 and 16. Appointments are available between 7:30 a.m. and 1 p.m. in Bldg. 29, Classroom 103, Henderson Hall. Call 703-614-6828 to make an appointment. Visit www.mccsHH.com/ CRMCClasses.html for more information.

August 8, 2017 Outdoor play mornings

Marine Corps Community Services and Army Community Services New Parent Support programs' Outdoor Play Mornings are every Thursday from 10 to 11:30 a.m. at the Virginia Highlands Park, 1600 South Hayes Street, Arlington. For more information, call 703-693-7206 or 703-696-3512.

Proper Disposal of Batteries

Americans throw out almost 180,000 tons of batteries each year, which contain harmful metals that can be dangerous to the environment and are toxic to humans and animals.

Batteries can be especially dangerous when disposed of together and are a fire risk. To safely dispose of batteries, put clear packing, masking or electrical tape on the batteries' terminals or sandwich the batteries between two layers of tape.

Many consumer electronic chains have free recycling kiosks inside their stores or outside the front entrance for battery disposal.

'Overture 1812' slated Aug. 19

The U.S. Army Band "Pershing's Own" brings this fun, family-friendly concert back to Fort Myer's Summerall Field Saturday, Aug. 19 at 8 p.m. In case of inclement weather, the concert will be relocated across the street to Conmy Hall.

The evening's music will culminate with Tchaikovsky's 1812 Overture complete with live cannon fire supplied by the Presidential Salute Battery of the 3d Infantry Regiment (The Old Guard).

This event is FREE and open to the public.

Bleacher seating is available on a first-come, firstserved basis and there will be a big grass area for low chairs and blankets. Note: Bags will be searched. Food is permitted; however, no coolers, alcohol, or glass containers will be allowed.

For more information, see www.usarmyband.com.

Save the date for NDW offer @ King's Dominion

Naval District Washington Morale, Welfare and Recreation is hosting King's Dominion Patriots Day Sunday, Sept. 10: Kings Dominion will be open exclusively to military personnel — active, reserve component and retired, DoD civilians, contractors and their family and friends.

Tickets are on sale now for \$27 per person. Parking, normally \$15 per car, will be free.

To purchase tickets on line, go to www.kingsdominion. com/save. The username and password is KDPATRIOTS-DAY.

Civilian employee needs annual leave assist

Emily N. Myers, a JBM-HH Public Affairs employee is an approved recipient of the civilian personnel annual leave donor program. Due to medical issues, she has exhausted both sick and annual leave. Department of the Army civilian employees who would like to donate annual leave to Myers, fill out Form OPM 630A, "Request to Donate Annual Leave to Leave Recipient Under the Voluntary Leave Transfer Program (Within Agency)" at www. opm.gov/forms/pdf_fill/opm630a.pdf. If you are a federal governAugust 8, 2017 ment civilian employee outside the Department of the Army and want to donate annual leave to Myers, complete OPM 630B, "Request to Donate Annual Leave to Leave Recipient Under the Voluntary Leave Transfer Program (Outside Agency)" at www.opm.gov/forms/pdf_ fill/opm630b.pdf or www. opm.gov/oca/leave/HTML/ formindx.asp.

Send completed form to Maribel Rodriguez at maribel. rodriguez.civ@mail.mil or fax forms to her at 703-696-0879; get more information at 703-588-2847.

AAFES offers 'Operation PCS Benefit Card'

Through Aug. 9, service members can present their orders to the Fort Myer Main Store Exchange customer service desk and receive an "Operation PCS Benefit Card" entitling them to 5 percent off qualifying purchases of \$100 or more when they use their MILITARY STAR card in Exchange stores or at www. shopmyexchange.com.

Benefit cards are valid for 90 days from issuance date. To apply for a MILITARY STAR card, visit www.MyECP.com.

Next military retirement briefing Sept. 5

Retirement and survivor benefit program briefings are conducted for military personnel and family members to attend. No reservations are required.

The briefings – from 8 a.m. to noon the first Tuesday of each month – are in the Fort Myer Community Activities Center, Building 405.

The next military retirement briefing will be Tues day, Sept. 5, then Oct. 3, Nov. 7 and Dec. 5.

The Retirement Services Office provides counseling and assistance to active duty service personnel, retirees, widows, widowers, survivors and family members from all branches of military service concerning rights, benefits and entitlements.

For more information, call 703-696-5948.

Save the date: 2018 OCS reunion set

The 2018 U.S. Army Officer Candidate School Alumni Association Reunion will be held March 25 through 29 in Columbus, Ga. The association being encouraged. This event represents all Army officers commissioned through any Officer Candidate School, regardless of previous locations or branch affiliation.

More than 250,000 OCS graduates and 43 Medal of Honor awardees have provided leadership during peace and war. The OCS is located at

Fort Benning, Ga., and continues to serve as a principal venue for officer accessions for the Army. Mini-class reunions are will include a Hall of Fame induction ceremony, reception and formal dinner including the presentation of the Patterson Award. There will also be demonstrations and briefings at Fort Benning highlighting developments related to the OCS program and OCS candidate interactions.

CIF closed Aug. 14-18

The Clothing Issue Facility at Fort Myer will be closed from Aug. 14 through 18 for a 100 percent inventory.

During that time there will be no customer service of any kind. Those Soldiers who have to clear during that time will have to go to Fort Belvoir CIF for out-processing.

Fort Belvoir's CIF is open Monday through Thursday from 7 a.m. to 2:30 p.m., and closed on Fridays. Call them at 703-806-3070.

If you need more information about the Fort Myer CIF, call 703-696-0817 or 703-298-2314.

ASIST-Applied Suicide Intervention **Skills Training**

Join colleagues for a two-day workshop in suicide intervention skills Aug. 20 and 21 at Memorial Chapel, Fort Myer. Learn and practice a life-saving intervention model widely used by professionals as well as the general public.

To sign up or get more information, contact Juliann Bryant, 703-696-3787 or juliann.l.bryant.civ@mail.mil.

Registration information and itinerary to follow later. The reunion will be conducted at the Columbus Marriott Hotel, 800 Front Avenue, Columbus, Ga. 31901, phone number 706-324-1800.

Refer to the OCS web site at https://www.ocsalumni. org for updates, or call Nancy Ionoff at 813-917-4309.

Van pool interest sought tofrom Spotsylvania, Fort Myer

Looking for those interested in getting a van pool started between Fort Myer and Spotsylvania, Va.

The van would depart Spotsylvania at 5:15 a.m. and arrive at Fort Myer at 6:30 a.m.; and would depart JBM-HH at 4:05 p.m. and drop off at any carpool lot between Fort Myer and Spotsylvania.

The DoD subsidy could be used to save gas, wear and tear on the vehicle and E-Z pass expenses, not to mention leaving the driving to someone else.

If interested, contact Bill Michitsch at william.j.michitsch.civ@mail.mil or 703-696-3671.