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### **Mueller takes command of USAG Humphreys**



By Bob McElroy USAG Humphreys Public Affairs

Col. Scott W. Mueller (left) took command of USAG Humphreys on June 27 when he accepted the garrison colors from Dr. Christine T. Altendorf, (right) director of Installation Management Command Pacific Region. (U.S. Army photo by Clint Stone)

CAMP HUMPHREYS, South Korea – Col. Joseph C. Holland completed a whirlwind two years in command of U.S. Army Garrison Humphreys on June 27 when he passed command to Col. Scott W. Mueller at the Collier Community Fitness Center here.

Mueller, an Armor officer, comes to Humphreys from the U.S. Army War College in Carlisle Barracks, Pennsylvania. This is his first assignment in Korea.

During Holland's command of Humphreys the installation doubled in size, grew in population by 10,000 and opened a host of new facilities and roads.

When he took command of Camp Humphreys on June 15, 2015, the population was about 14,000, today it rests at nearly 25,000 with more Soldiers, Families and Civilians to come. By the time Transformation is complete in a few years the population will be about 42,000.

that irreversible momentum and facilitated the continued success of this installation."

Holland continued the changes that moved Humphreys beyond the single Soldier post where unaccompanied Soldiers served one-year tours to a regional and global power projection platform for the United States and Korea.

"Working side by side with our partners at the U.S. Forces Korea Transformation and Restationing Office, Eighth Army, the Republic of Korea Ministry of National Defense-U.S. Forces Korea Relocation Office and the U.S. Army Corps of Engineers Far East District, this garrison has not only continued to support one of the largest construction programs in the history of the Defense Department, you have created a community with strong bonds that extend outside the gates and construction sites of this installation into the Pyeongtaek Community and throughout the Republic of Korea," Altendorf said.

Installation Management Command director Dr. Christine Altendorf praised Holland for his ability to command the garrison and manage the irreversible momentum of Transformation.

"Many of you have witnessed the steady progress and exceptional achievements that have occurred during the past two years under the focused leadership of Joe Holland," Altendorf said. "Joe has continued

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### The Morning Calm

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Change of Command from page 1

Col. Joesph C. Holland relinquished command of Spc. XXX presented a bouquet of yellow roses to Francy Mueller during the U.S. Army Garrison Humphreys on June 27. Also garrison change of command ceremony on June 27. Also shown are Mueller's shown is Dr. Christine T. Altendorf, IMCOM Pacific sons Riley and Cooper. (U.S. Army photo by Clint Stone) Region director.. (U.S. Army photo by Clint Stone)

made in the local community who have done so much for

nces: Humphreys' Soldiers, Families and Civilians. "You are true friends to Camp Humphreys and the U.S. ature Army and I will never forget your generosity and your friendship and once again, 'Kam sahm ni da.""

Holland told his successor, Mueller that commanding Humphreys during a time of change requires focused leadership. He asked the Humphreys community to support Mueller and his family as well as they had him.

"This is a great time to be here and I wish you, Col. Mueller, Francy and your boys all the best. You're in for the time of your lives," he said.

Mueller's 23-year Army career includes service with the 2nd Infantry Division at Fort Lewis, Washington and Iraq, the 1st Infantry Division, Fort Riley, Kansas, command of an Armor company in Vilseck, Germany and command of the 1st Battalion 15th Infantry, 3rd Brigade, 3rd Infantry Division, Fort Stewart, Georgia.

Mueller said he was thrilled to take command of Humphreys at this time in its growth and development. He joked that many of the units in which he's served are no longer active. "I'm thrilled to be taking command of an organization that is actually growing," he said with a smile. "I look forward to building on the work that Col. Holland and the garrison have done over the last two years as we continue to build and transform."

Mueller thanked the Hollands for their support, generosity and constant communication over the past year as his family made the transition to Korea.

"You set the standard for how to conduct a transition and Francy and I greatly appreciate your candor and especially your patience with our many questions," he said.

Mueller said he looks forward to serving in Korea for the next two years.

"One Team – One Fight, Sustain, Support and Defend, Pacific Victors, katchi-kapshida, Eagle 6 signing on the net."

Altendorf praised Holland for his ability to tell the Humphreys Transformation story to many audiences:

distinguished visitors, members of the American, Korean and International press, community groups, future residents, employees and families. "These seamless efforts have enhanced operations and

improved our community and relationships throughout Korea and the Pacific Region," she said. "This alliance, our country, the service members and families of the garrison here and our IMCOM team owe you a debt of enormous gratitude."

Altendorf thanked Laura Holland and praised her for her support to her husband as well as her contributions to the garrison and the alliance.

"The strength of our Army community is sustained and enhanced through the support of our spouses and families," she said. "Your many contributions to the garrison and this alliance will last long after you depart."

Turning to Mueller, Altendorf said his career achievements prove he is the right leader to continue the progress of Transformation at Humphreys.

"The task is now yours to build on the work of Joe Holland and his predecessors. Make this garrison your own and lead Humphreys into the next phase of its Transformation," Altendorf said. "I have every confidence in your ability to do so and I look forward to working with you as we continue the great strides that have occurred in not only the last two years but throughout the more than 60 years of the ROK-U.S. alliance."

Holland spoke next, noting that commanding the garrison while also managing Transformation challenged him like no job had.

"Wow, what a journey these last two years have been. When I took command on June of 2015 Dr. Altendorf told me that I came to Humphreys at a great time, and it would provide great challenges, and even greater rewards," Holland said.

"Well ma'am, you could not have been more prescient or correct. Command of USAG Humphreys has challenged me in ways I could never have imagined but I have grown tremendously as an officer, commander and as a person." Holland said that he has learned much of great value, but perhaps the most important thing is that the work we do with our ROK allies is what really matters. "Most of us know that progress comes when people break through barriers and look each other in the eye; the Koreans call it: 'Maju bogo', seeing one another as equals, eye to eye," he said. "This enhances mutual understanding in achieving the commander's intent. Of importance, is the greater outcome: we become more than allies, we become friends."

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Holland praised the Korean people and the friends he



During a rocket artillery training exercise in Paju, June 20, a Soldier helps load rockets onto an M270 Multiple Launch Rocket System (MLRS). The Soldier is assigned to Battery B, 6th Battalion, 37th Field Artillery Regiment, 210th Field Artillery Brigade, part of the 2nd Infantry Division/ROK-US Combined Division. The battery was taking part in training that helped Soldiers hone their skills in responding to fire missions in a variety of realistic scenarios. (U.S. Army photo by Cpl. Kwon Ki-hyun)

# **Rocket unit hones fire mission**

#### **By Cpl. Michelle U. Blesam** 210th Field Artillery Brigade Public Affairs

CAMP CASEY, South Korea – Tucked away in a secluded patch of forest at a training area in Paju, elements of a rocket artillery battery are well-hidden in the brush, ready to spring into action if a fire mission comes in.

The battery was in position as part of a four-day training regimen that started June 19 in which the artillerymen honed their skills in handling fire missions. They're with Battery B, 6th Battalion, 37th Field Artillery Regiment, 210th Field Artillery Brigade, part of the 2nd Infantry Division/ROK-US Combined Division. The battery is a Multiple Rocket Launch System unit.

They chose the site "to give my launchers a good place for them to fire," said 2nd Lt. Danielle Salley, Battery B's 2nd Fires Platoon leader.

During the training, mock fire missions would come in to the Fire Direction Center, which would then assign them to an individual MLRS launcher, which would simulate firing rockets at the given target, said Sgt. Christopher R. Baker, the platoon's fire direction control chief. "It was fast-paced and we took it very seriously," said Baker. "With the training, we make it feel as real as possible. We took every little thing that could go wrong in a very serious environment and we executed very well." "I want my Soldiers to get an understanding – a better understanding of how to operate firing systems in real situations, such as this exercise, and to be able to grow and to keep moving forward," said Salley.

The training helped the battery see what they did especially well and what things can be improved, she said.

The process, Salley said, will "help us improve all the things that we need to work on, get better as we do this training. It is really helpful to know how we work as a team, realizing that this is not about individual launchers and individual FDC. We need each other to make our mission successful."



Artillery Soldiers conduct a simulated fire mission June 22 at a training area in Paju. The Soldiers, Sgt. Christopher R. Baker (left) and Pvt. Bailey Fore, are with Battery B, 6th Battalion, 37th Field Artillery Regiment, 210th Field Artillery Brigade, part of the 2nd Infantry Division/ROK-US Combined Division. The battalion is a Multiple Launch Rocket System, or MLRS unit. (U.S. Army photo by Cpl. Kwon Ki-hyun)



The training used the battery's usual equipment as well as digital simulators that mimic real-world artillery missions.

An M270 Multiple Launch Rocket System is in position during a training exercise in Paju June 20. The launcher is part of Battery B, 6th Battalion, 37th Field Artillery Regiment, 210th Field Artillery Brigade, part of the 2nd Infantry Division/ROK-US Combined Division. (U.S. Army photo by Cpl. Kwon Ki-hyun)





# For Area I Practicum students, a fun day of fishing

YANGJU, South Korea – By the time six local college students finish their one-semester stint gaining office experience with the U.S. Army Garrison Red Cloud and Area I, they won't just know the ways of a professional work place, they'll also know a thing or two about fishing.

The six students, from Shinhan University in Dongducheon, are enrolled in the garrison's Practicum Experience Program, which began in March in partnership with the university.

It affords college students the chance to gain experience working on Area I camps under the supervision and mentorship of garrison staff.

But the program is also set up to include things that are relaxing and fun to do.

Garrison officials accompanied the students to Shinan Lake in nearby Yangju June 23 for a day that included showing them how to assemble a fishing rod, how to cast the line, and what to do if they felt the tug of a fish on the hook.

In the course of the day there was a cookout of hot dogs, chips, and ramen noodles.

They set out by bus from Camp Casey in Dongducheon, and were back by the end of the day.

Among those accompanying them on the outing were Col. Brandon D. Newton, Commander, USAG Red Cloud and Area I, and Steven J. Ryan, its Deputy to the Garrison Commander.













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# Managing your children's social networking habits

#### By Cpl. Park, Min-je USAG Yongsan Public Affairs

USAG YONGSAN - Adolescent Support and Counseling Services presented "The Social Lives of Networked Teens" June 26 at Seoul American High School. The event invited parents in the Area II community to listen to Lisa Roethling, a licensed professional counselor, addictions therapist, and clinical director of ASACS-Worldwide, discuss the challenges of raising teenagers in a social media-driven world.

The lecture mainly talked about how teenagers behave on Social Network Services, and how parents can influence behaviors in effective and constructive ways.

"The goal of this workshop is for parents to take a closer look at adolescent teen social media behaviors. Information presented focused on how to communicate with your teen about a healthy online presence as well as setting boundaries with internet access," said Roethling.

Today's teens exhibit different behaviors. They no longer hang out with friends in the real world, making face-to-face contact. They live in the world of the Internet and SNS because that is where all of their friends live. They communicate through a variety of platforms such as Facebook and Instagram. Today's teenagers are more interested in mass popularity than money or even family. They want their posts to be liked by other people to include people they do not know. They like to show off what they do, eat or wear on social media.

Roethling said teenagers are literally addicted to SNS. According to a survey conducted by the Pew Research Center in 2014 and 2015, 92 percent of teens access the Internet daily, and nearly a quarter of them are on the Internet almost constantly. However, teenagers are also more burned out and prone to depression because of SNS. A report by the Royal Society for Public Health in the United Kingdom suggests that Instagram is the worst social media network for young people's (aged 14-24) mental health. They simply cannot manage the emotions of seeing an endless stream of pictures of friends showing off because of the "compare and despair" attitude prevalent among many teens. There are also more young people on



Lisa Roethling, licensed addictions therapist and clinical director of Adolescent Support and Counseling Services-Worldwide, discusses the challenges of raising teenagers in a social media-driven world during "The Social Lives of Networked Teens" presentation, June 26, at Seoul American High School. (U.S. Army photo by Cpl. Park, Min-je)

social network sites than older people. Those born between 1980 and 2000, also known as Generation Y, tend to rely on social networks for news. The problem is that SNS presents narrow facets of the world while also reinforcing passive attitudes, she said.

Roethling also talked about the impact of social media on brain functions with specific regard to three factors: short and long-term planning, shortened attention span, and loss of impulse control. There is also compelling evidence that much of a teenager's cognitive ability deteriorates with excessive exposure to technology. Kathy Koch, an educational psychology expert, suggests in her book, "Screens and teens: connecting with our kids in a wireless world," that the average teen identifies a panda among other dolls in 20-30 seconds, compared to 12-15 seconds eight years ago. The study revealed differences in concentration ability compared to just a decade ago.

Roethling pointed out that teens' overexposure to SNS is much more serious in military communities.

"Third Culture Kids or kids growing up in military communities have a need for staying connected as they are more often subject to moves and transitioning in and out of communities," Roethling said.

Roethling provided a list of rules to help parents raise healthy teenagers in such a highly tech-reliant era.

1. **Get Passwords.** Parents need to check their kids' electronic device usage and watch how they behave on SNS. If kids try to hide something from their parents, then they must have done something wrong.

2. Set clear parameters for checking in with teens and stick to it. This helps to build trust. Do check on a regular basis.

3. Enforce that social media is a privilege to be earned and NOT a "right." Sometimes teens have misconceptions that they own their "own" cell phone, forgetting that their parents bought it for them. If teenagers misbehave on SNS, parents have a right to take their phone away, and teens should be aware of this and act responsibly.

4. Get your own account on any social medium they are using. Friending and following is mandatory. This gives parents a way to monitor their teens' behavior transparently.

5. Use missteps as opportunities to build communication and empathy.

6. Teach through empathetic responses and natural and logical consequences. Parents need to teach kids how to nurture emotional relationships in today's SNS world. Giving empathetic responses to kids will help children understand the emotional value of human relationships. Speaking logically and naturally will help children recognize their own problems.

7. Ease up on restrictions and scrutiny as responsibility is proven and a pattern of healthy online activity is demonstrated.

To reinforce the rules above, she suggested parents have a family meeting.

"It's important to have a family meeting on a regular basis. Through it, parents and their kids can be emotionally connected to each other. Parents should ask their children questions about their internet usage," said Roethling. "Please establish trust, rules and expectations. Parents should keep their place in the center when it comes to matters involving their children. Be reasonable and discuss issues with your children."

She recommended several questions parents should ask their children:

1. Where do you spend most of your time online?

2. What's your favorite app right now?

3. Who do you chat with the most?4. What does it take for you to friend

someone on Instagram or Facebook?

5. Why do you hide your electronics when I come in the room?

6. When will you be accepting my friend requests?

7. Is there anything you want to tell me before I look at your phone?

She also says it is important to set limits with usage, depending on when and where. It's critical for teens not to be occupied with their cell phones before bedtime. Designating where they can use electronic devices will help them be accountable for what they are doing, considering how easy it is to hide their footprints in the digital age.

She also talked about the importance of rewarding children for good SNS behavior.

"It's always important to catch kids doing something right. If your teens abide by your standards, then reward them verbally, emotionally or with more trust," said Roethling.

Roethling's presentation provided parents practical ways to communicate with teenagers about their SNS usage.

"Now I know how to take care of my son's SNS use. I will stay connected emotionally with him and teach him the value of empathy," said Guadalupc Villarrcal, the mother of a 16-year-old son.

"Remember, as a parent, it's important to stay up to date on recent trends relating to online behaviors, and spend time getting to know your teens' online identity," said Roethling.

### Town hall at K-16 brings community together



U.S. Army Garrison Yongsan convenes a town hall June 27 at the K-16 Airfield's Community Activities Center. Garrison directorate representatives in cooperation with airfield command and staff participated on a panel to update the community on the latest developments at K-16 and answer questions from the audience. Robert Nelson, director of emergency services, discussed the prevalence of traffic violations. (U.S. Army photo by Cpl. Park, Min-je)

Anyone who has a claim against the estate of Mr. James A. Farley, GS-12, USAG-Yongsan, Korea, Contact Major Joseph Videc at: Email: joseph.a.videc.mil@mail.mil. Documentation is required to support the claim

### **Community bids farewell to Camp Coiner AAFES Minimall**

#### By Cpl. Park, Min-je USAG Yongsan Public Affairs

**USAG YONGSAN** - Several Army and Air Force Exchange Service stores at Camp Coiner, including the American Eatery and barber shop, closed June 30 as part of the transformation of U.S. Army Garrison Yongsan.

Camp Coiner, located at the northern part of the garrison, is being transferred to the U.S. State Department. This area has traditionally been home to single Soldiers with its many barracks. The Camp Coiner mini mall opened for business in November 1995 to provide sustenance to the Soldiers residing so far away from main post.

"The American Eatery at Camp coiner was there to serve members a nice warm breakfast, lunch and dinner with a variety of retail goods. Soldiers also cut their hair at the barber shop," said Yi, Chi-na, AAFES operations clerk.

Now Soldiers and community members are expected to experience some degree of inconvenience given the distance between Camp Coiner and other AAFES stores.

"I used to visit the barber shop here because it was the nearest one from the barracks. Now I have to go a long way to main post to have a haircut," said Sgt. Chang, Hyun-woo, senior KATUSA with USAG Yongsan's Directorate of Plans, Training, Mobilization, and Security.

The AAFES employees at Camp Coiner are also affected by the closure.

Kim, Hyun-jun, Camp Coiner AAFES manager,



Camp Coiner AAFES stores closed June 30 as a result of the transformation of U.S. Army Garrison Yongsan. The bike shop will remain open until November. (U.S. Army photo by Cpl. Park, Min-je)

has been working at Camp Coiner for four years and will be going to USAG Humphreys. Many of his colleagues who had been working at Yongsan much longer are retiring, he said. He felt badly for those losing their jobs and wished they could work together longer, but the reality is the transition to USAG Humphreys is not slowing down. no choice but to find alternate stores. There are still food courts operating on the main post (Bldg. 1455), the Dragon Hill Lodge (Bldg. 4050), and south post (Bldg. 4259). For barber services, Soldiers can visit the JUSMAG Barber Shop (Bldg. 1575), MP Barber Shop (Bldg. 1447), and the south post AAFES Mini mall Barber Shop (Bldg. 4259). The Camp Coiner Bike Shop is scheduled to remain open until November 2017.

### **Exemplary service members recognized at 2017 Korea America Friendship Night**

Now Soldiers and community members have



(Left) Petty Officer 1st Class Branden Eric Simmons, U.S. Naval Forces Korea, receives the 2017 Korea America Friendship Award, June 21, from Korea-America Friendship Society President Han, Chul-soo at the Grand Hyatt Hotel for his contributions to the community. He is responsible for reviewing and processing Good Neighbor Passes for Command Naval Forces Korea and U.S. Navy units stationed at U.S. Army Garrison Yongsan. (U.S. Army photo by Pfc. David Garcia)

The Korea America Friendship Society

(Left to right) Han, Chul-soo, Korea-America Friendship Society president, recognizes Robert F. Nelson, Department of Defense civilian, a representative for Staff Sgt. Pablo Abad, U.S Marine Forces Korea, and Airman 1st Class Jasmyne A. Christopher, a geospatial imagery analyst, at the 2017 Korea America Friendship Night, June 21,Grand Hyatt Hotel, Seoul. (U.S. Army photo by Pfc. David Garcia)



### Vacation Bible School helps children learn valuable lessons



Children and volunteers of the 2017 Summer Vacation Bible School play games June 19, on the Seoul American High School Field. (U.S. Army photo by Cpl. Park, Min-je)

#### By Cpl. Park, Min-je USAG Yongsan Public Affairs

**USAG YONGSAN** - U.S. Army Garrison Yongsan hosted the 2017 Summer Vacation Bible School June 19-23, at Seoul American High School. A total of 211 children and 160 volunteers, including 14 pre-school children participated in the program. This year's theme was "Maker Fun Factory." The program used Science, Technology, Engineering and Math activities to facilitate achieving educational and religious objectives. This was the last VBS held in USAG Yongsan. According to Tara Whitmore, VBS director, the program opted for SAHS over the usual South Post Chapel venue to take advantage of better facilities such as stage lights.

"During the program hours, we teach children that God loves



Children and volunteers kick off the 2017 Summer Vacation Bible School June 19 in the Seoul American High School auditorium. (U.S. Army photo by Cpl. Park, Min-je)

them," Whitmore said. "The program helps children make friends in a loving environment whether they are new to Yongsan, moving away to Humphreys or to the U.S., or staying at Yongsan for the next year, while learning how much God loves them and has good plans for them."

During VBS, children come in the morning for a time of worship and a combination of skits, object lessons and videos to teach them Bible points for the day. Then they cycle through five stations each day: Imagination Station (hands-on learning), Snack Station, KidVid Station, Games Station, and Bible Discovery Station. After they finish all five stations, they get back together for worship in the auditorium. They review all they learned that day through music, videos and drama. There was also a preschool program with alternative programs prepared for children ages 3-5.

"I hope children learn valuable lessons they will remember for a lifetime through VBS," said Whitmore.

### **2017 Overseas Region Military Youth of the Year celebration luncheon**



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(From left to right) 2017 Guantanamo Bay Military Youth of the Year Shaher Ghuneim, 2017 Asia Military Youth of the Year Nicholas Cary, and 2017 Europe Military Youth of the Year Julia Nakamoto are recognized by Dawn Brunson of the Boys and Girls Club of America as winners at the BGCA Overseas Military Youth of the Year Event, June 21, at the Dragon Hill Lodge, U.S. Army Garrison Yongsan, presiding. (U.S. Army photo by Pfc. Lee Kyoung-yoon)

# Lytx DriveCam on trial to save lives at Yongsan

**By Pfc. Lee, Kyoung-yoon** USAG Yongsan Public Affairs

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**USAG YONGSAN** - U.S. Army Garrison Yongsan in conjunction with the 403rd Army Field Support Brigade is trying to make Area II a safer place to serve by monitoring the driving habits of military police vehicles, buses, and government vehicles.

Starting June 1, USAG Yongsan embarked on a 90-day trial of Lytx DriveCams, equipment installed in vehicles to record driver behaviors.

"The Lytx DriveCam program is a safety and telematics program. It is different from an ordinary black box as Lytx DriveCam is based on safety. The Camera is looking at anything that is considered a risk to the driver," said Tony Parker, enterprise sales director at Lytx.

LytX DriveCams have been used by the Department of State, U.S. Marine Corps, Department of Homeland Security and other large private organizations like Walmart. The garrison's adoption of the program was particularly inspired by the success the Marine Corps has had in lowering fatalities and improving the overall driving behavior of its Marines.

"How do you explain to the parents of a Marine that their son survived the war but died in a car crash while on duty in the U.S.?" Parker said.

They mount near the top and center of the windshield and have both forward facing and inward facing lenses, capturing audio as well as video. Improper driving habits such as hard braking, hard acceleration, cornering, or an actual collision triggers the device to record. Before the device starts recording, it will display a solid green light on the right side, then rapidly flash from green to red to indicate it is recording an



Drivecam starts is triggered by a risky driving behavior such as sudden braking or swerving. Technicians in the U.S. then review the recording and report it to the driver's organization for coaching and correction. (Courtesy photo)

event. The device is on a constant loop lasting eight seconds until a triggering event takes place – at which point the camera will save the previous eight seconds and the four seconds following the event for a total 12-second clip.

The purpose of the trial phase is to substantiate the value of this safety system. A mid-term evaluation will take place at 45 days to collect overall reactions to the program. After the 90 day period, the command will make the final decision regarding "risky." If there is no behavior deemed coachable or risky, the event will be cleared and not be sent to the Lytx Safety department. If there is a noticeable behavior, it will be sent to the unit-designated coaches. Faulty behaviors include use of handheld devices, not using a seatbelt, following too close, speeding, responding too late, obstructing the inside lens, judgement errors, or any number of other risky behaviors.

The previous eight seconds



Drivecam can also exonerate drivers by recording the accident. (Courtesy photo) officially adopting the Lytx recorded before the trigger DriveCam. event determine what was g

Driver behavior is analyzed through the recorded events processed by DriveCam technicians located in the U.S. The specialists note what triggered the event, and then score it for any possible behavior that is deemed "coachable" or



recorded before the triggering event determine what was going on with the driver and/or around the driver. The four seconds following the triggering event tell the complete story of what happened. At the end of the day, it helps protect and exonerate the driver. Corrective measures mitigate risks, and good drivers learn what part of their driving habits saved them. DriveCam focuses on the driver and not the vehicle itself, Parker explained.

Improving driver behavior can

also help reduce fleet expenses associated with collisions and claims. Cultivating safer, more efficient drivers can help in many other ways, too—from lowering insurance premiums and maintenance costs, to increasing productivity and fuel efficiency. Jackrabbit starts, hard braking, and excessive idling are unsafe driving behaviors that can skyrocket fuel consumption and fleet operating costs.

"DriveCam video is the objective witness that provides the truth of what happened in the moments before, during, and after a collision. It's an ally that can help prove when drivers aren't at fault, prevent false claims, and stop litigation before it begins. This can result in fleet management cost savings," said Parker.

Parker also emphasized that DriveCam was not a tattletale program, rather, it is focused on coaching and protecting the driver. During quarterly program reviews, every driver is evaluated against a baseline.

"Did he/she go up? Did he/she go down? We sit with each client and we actually address goals. We are here to figure out what people need and how people want to use the information we give out to clients. It is not the technology we want to emphasize. It is really the program behind the technology because we are here for each and every client," said Parker.

Lytx DriveCam results in a 60 to 80 percent reduction in driving incidents, he said.

Larry Locke of the 403rd Army Field Support Brigade, U.S. Army Garrison Daegu, inspects a Lytx DriveCam at a briefing April 6 discussing telemetrics equipment that will be installed on 150 vehicles at USAG Yongsan beginning June 1. (U.S. Army photo by Cpl. Park, Min-je)



Chris MacLeod installs a Lytx DriveCam in a Military Pollice vehicle June 8 at USAG Yongsan. (Photo courtesy by Marshall Mcmickell)

#### July 7, 2017

### **MORNING CALM**

# **Soldiers grapple for Eighth Army Title**





**David Chapman**)

Staff Sgt. Timothy Hernandez, 501st Military Intelligence Brigade, works to escape a Controlling the arms of her opponent, 2nd Lt. Jasmin Lamb, 2nd Battalion 1st Air hold during his match in the Eighth Army Combatives tournament June 30 at U.S. Army Defense Artillery, works towards a submission hold during the Eighth Army Combatives Garrison Yongsan's Collier Community Fitness Center. (U.S. Army photo by Staff Sgt. Tournament June 30, at Collier Community Fitness Center, U.S. Army Garrison Yongsan. Lamb would eventually cause her opponent to submit and win the match. (U.S. Army photo by Staff Sgt. David Chapman)

#### By Staff Sgt. David Chapman **USAG** Yongsan Public Affairs

USAG YONGSAN - Soldiers from across the Eighth Army footprint gathered at Collier Fitness Center, U.S. Army Garrison Yongsan, June 30, to determine the best of the best of Army Combatives on the Korean Peninsula.

The Annual Eighth Army Combatives tournament pitted some of the best fighters from six major commands from each area.

This tournament was broken down to seven weight classes, double elimination tournament, and separated in three rule disciplines.

The first round of matches began with standard rules fighting. Fighters began in a standing position and worked through grappling and holds. In the second round of matches, fighters progressed to intermediate rules and kicks, and some punches were introduced. Finally, the third round involved advanced rules with more serious punches and kicks, according to event organizer, Sgt. Bryan Granger.

The purpose of the tournament is not just to see who can fight the best, but to see who had the strength, mentality and ability to fight if the time were to come to battle an actual enemy.

"I wanted to make sure we had Soldiers from across the peninsula that have the confidence to face a combatant and take them out," said Granger. "This tournament is also about comradery. We have units who put together a team, came here to fight and have their fellow soldiers here to watch something magnificent."

Many Soldiers see the Eighth Army Combatives tournament as more than just an opportunity to fight. They see it as an opportunity to push themselves and have fun at the same time.

"This is all fun and good exercise for me," said Spc. Christian Lee Cox, 21st Military Police Detachment. "Events like this make you understand self-esteem and makes you stronger as a person."

For the spectators who attended the tournament, each weight class bout was filled with excitement and red-faced cheering, to keep their battle buddies fighting through a difficult match. For the fighters, the support of their unit and commands helped push them to victory.

"As soon as I saw my people watching me fight, I was so excited," said Cox. "Even though they aren't out on the mat performing, they help me on a daily basis so that I can do my best.'

Following up on this tournament could be challenging. But there is potential in the works for creating an even bigger event in the future.

"I have proposed an Asia Pacific Championship and to develop it into a joint forces tournament," said Granger. "I envision it with Japan, Guam, Alaska and Hawaii, and I am super excited to make it happen. We have enough talent and amazing staff to run this."



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Staring into the eyes of his opponent, 1st Sgt. Jose Ramos, 2nd Battalion 1st Air Fighting for a win, Sgt. Kyle LeFlore, Headquarters Support Company, 602nd Defense Artillery, prepares to fight in the Eighth Army Combatives Tournament June Aviation Support Battalion, holds his opponent to the floor during the Eighth Army 30 at the Collier Community Fitness Center, U.S. Army Yongsan. Ramos fought hard Combatives tournament, June 30, at Collier Community Fitness Center, U.S. Army during the match but was eventually choked out by his opponent. (U.S. Army photo by Garrison Yongsan. The tournament pitted the best Modern Army Combatives fighters Staff Sgt. David Chapman) from across the peninsula against one another. (U.S. Army photo by Staff Sgt. David

Chapman)

### **Okinawa-based Air Defense battery maintains "Fight Tonight" readiness**

Story and photos By Capt. Jonathon Daniell 35th ADA Brigade Public Affairs

> Editor's Note

- Readiness and modernization are among the Army's top priorities, both are initiatives 35th Air Defense Artillery Brigade is addressing as it upgrades its Patriot fleet. Upon completion of the largest Patriot modernization project ever conducted outside a depot facility, the Dragon Brigade will operate the most technologicallyadvanced equipment in the ADA community. The brigade will execute a comprehensive new equipment training cycle to maintain Fight Tonight readiness throughout the transition. This article is part of a three-part series that will follow the modernization and readiness effort as it happens.

OSAN AIR BASE, South Korea – Fight Tonight readiness is the number one priority on the Korean Peninsula and it must be maintained at all times. Battery A, 1st Battalion, 1st Air Defense Artillery Regiment, based in Okinawa, Japan, got firsthand experience with that imperative as they provided ballistic missile defense in support of 35th Air Defense Artillery Brigade in the Korean theater of operation from March to May.

"Defense of Kunsan Air Base is the primary mission

for our unit," said Capt. David Endter, commander, Battery A, 2-1 ADA. "Alpha 1-1 effortlessly integrated into the mission set, and operated at a high level throughout their deployment."

Battery A, 1-1 ADA and their equipment arrived in Korea in March and contributed to 35th ADA's Patriot modernization effort by maintaining the Fight Tonight mission for A/2-1 ADA.

The modernization allows the Patriot systems to use the newest technology integrate its systems into an air and missile defense architecture capable of interfacing with networked systems across multiple domains.

In addition to the systems receiving numerous upgrades, Soldiers assigned to A/2-1 ADA will receive new equipment training to ensure they possess the knowledge to operate and employ the advanced capabilities, said Steven Knierim, Raytheon project manager. Raytheon builds the Patriot system.

This was not A/1-1 ADA's first visit to the Korean Peninsula. In August 2016, the battery deployed to South Korea for training and demonstrated their ability to defend Kunsan Air Base from both airbreathing and tactical ballistic missiles threats.

"The deployment of our unit to Korea is twofold; first, we are providing the 'Fight Tonight' capability for 35th Brigade," said Capt. Joshua T. Mitchell, commander, A/1-1 ADA. "Second, it validates our readiness by proving we are capable of deploying to the Korean Peninsula and seamlessly integrating with Alpha, 2-1 ADA in order to provide air and missile defense."

The expeditionary capability of 1-1 ADA's Patriot batteries proves they are able to defend critical assets anywhere in the Pacific.

As A/1-1 ADA fulfilled their mission on the peninsula and boarded planes back to Okinawa, they were relieved by their sister battery, Battery B, 1-1 ADA. The two units completed a one for one exchange of equipment, and integrated into the Fight Tonight mission to enable subsequent 35th ADA batteries to complete the Patriot modernization project.





Soldiers from A Battery 1-1 Air Defense Artillery recently completed a training rotation at Kunsan Air Base. Here, they roll a Patriot radar from a C-17 Globemaster III at Kunsan. The 1-1 ADA Patriot equipment supported 35th ADA Brigade's "Fight Tonight" mission on the Korean Peninsula.

Soldiers assigned to Battery A, 1-1 ADA Battalion board an Air Force C-17 Globemaster at Kunsan Air Base May 19 after serving a two month mission in the Republic of Korea.

Get plenty of rest

Ask for help

Think positive

#### **10 Summer Stress Tips**



- Keep calm
- · Drink lots of water
- Take a walk
- Plan nutritious meals
- Avoid using alcohol, or other drugs to cope.
- · Absorb yourself in a relaxing activity like listening to music
- Always laugh when you can

Learning to handle stress in healthy ways is very important. Seeking help can be one way to manage your stress effectively. If you are a civilian employee the Employee Assistance Program at USAG– Humphreys provides short-term counseling, assessment and referral. Call the Employee Assistance Program. Serving the USAG Humphreys adult civilian population—0503-355-1090 or 755-1090, Bldg. 572

### **3rd Battlefield Coordination Detachment welcomes new commander**

Story and photos by Staff Sgt. Monik M. Phan 35th Air Defense Artillery Brigade Public Affairs

OSAN AIR BASE, South Korea -- The 3rd Battlefield Coordination Detachment, the Eighth Army Command, officially changed command during a ceremony on Hill 180 here June 16. Lt. Gen. Thomas S. Vandal, the Eighth Army commanding general, hosted the ceremony.

Col. Yi Se Gwon, the outgoing 3rd BCD commander, relinquished command of the 3rd BCD to Col. Robert B. Hensley, in a traditional military ceremony.

During his speech, Vandal thanked Gwon for his hard work and dedication over the years, while welcoming Hensley to the Eighth Army team.

"I could not have asked for a better commander than Col. Yi Se Gwon," said Vandal. "Today's change of command ceremony is a well-deserved recognition of his hard work and dedication over the last two years."

Thanks to Gwon's constant focus on readiness and training, Vandal said he has complete confidence that no matter what happens, the 3rd BCD is always ready to fight tonight and protect the Korean peninsula. The 3rd BCD is one of the most critical units on the Korean peninsula, he said.

One of the most significant enduring impacts Gwon accomplished is reducing the joint air space clearance times in the most challenging theater for air space deconfliction in the world, he said. This monumental undertaking had immediate impacts in strengthening the alliance.

Gwon will serve as the director of the U.S. Army Targeting Center for his next assignment.

During Gwon's speech, he thanked his leadership and sister units for their contributions to the success to the 3rd BCD.

"Air-ground integration is in great hands with Col. Rob Hensley," said Gwon.



Col. Robert B. Hensley, (left) took command of the 3rd Battlefield Coordination Detachment during a brief ceremony at Hill 180 on Osan Air Base June 16. Also shown, passing the unit colors are Lt. Gen. Thomas S. Vandal, the Eighth Army commanding general, and outgoing commander Col. Yi Se Gwon (right). Hensley comes to the 3rd BCD from the United States Forces Korea in Yongsan, where he served as the J5 deputy assistant chief of staff.

Hensley comes to the 3rd BCD from the United States Forces Korea in Yongsan, South Korea, where he served as the J5 deputy assistant chief of staff.

Hensley said he looks forward to serving alongside with the Soldiers and leaders of the 3rd BCD.

"Third BCD has an amazing reputation and I look forward joining this professional warfighting team," said Hensley. "It's an honor to continue to serve as part of a strong U.S. - ROK alliance."

### Sergeant's Time training hike offers Soldiers

#### Story and photo by Sgt. Tasha M. Osborne E Forward Support Company 3-2 General Support Aviation Battalion

CAMP HUMPHREYS, South Korea - During Sergeant's Time Training on June 22 the non-commissioned officers of Echo Forward Support Company 3-2 General Support Aviation Battalion, 2nd Combat Aviation Brigade led their Soldiers in a professional development history hike up Pinnacle 4 Mountain. Along the way they also delivered a history course on the Korean War.

The hike offered not only in depth education on the Korean War, it emphasized the team concept of our combined U.S.-ROK forces, building cohesion and camaraderie within the company.

Soldiers climbed one mile up the mountain in duty uniform with their assault pack. The steep ascent and warm weather made for a rigorous climb--a deliberate part of the training to emphasize the importance of physical and mental toughness a Soldier should have and to experience the terrain Korean War troops faced.

At points during the climb, Soldiers received classes about the events leading up



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to, during, and following the Korean War.

At the base of the mountain, Sgt. Tasha M. Osborne taught the Soldiers on the major events leading to the outbreak of war on the Korean peninsula. At the quarter-way mark of the climb, Spc. Yang Jung Mo took a turn to instruct Soldiers about the actions of North and South Korea during the war. At the halfway mark Sgt. Lee Hee Ho discussed the culminating days of the war and its aftermath. At the summit Pfc. Lee Myung delivered a final lecture concerning post-war South Korea and how the country has evolved to the present.

The meaning behind the History Hike was not only to teach the Soldiers about the Korean War, but to help them acknowledge the importance of our mission here.

Affording the Soldiers the opportunity to understand the history of Korea not

### Sergeant Lee Hee Ho explains how both North and South Korea have grown from the war and who sided with them after the war had ended.

only gives context to their mission on the peninsula, but also allows them to keep faith with our Korean allies across the ranks of the 2nd Infantry ROK-US Combined Division, and appreciate the Korean culture.

Soldiers agreed that the training was effective and engaging. Not only was it educational for the many newly arrived Soldiers within the ranks, but the physical training component added variety and challenge. While training is important in our line of work, it is just as important to make sure the Soldiers are actively engaged in it as well.

### **USARPAC Soldiers compete for Best Warrior title**

Staff. Sgt. Joseph Moore Eighth Army Public Affairs

SCHOFIELD BARRACKS, Hawaii — Soldiers representing commands in Korea, Japan, Hawaii and Alaska competed a week-long series of grueling tasks here, June 11-16 to determine who would be the 2017 U.S. Army Pacific Best Soldier and Noncommissioned Officer of the year.

"We're here trying to find the best two Soldiers to represent USARPAC for the Army's Best Warrior Competition in Virginia this October," said Sgt. 1st Class Nathan Roberts, USARPAC BWC's operations NCO.

Before the 14 competitors started, "Day Zero" exercised their minds with a handwritten essay, a basic knowledge exam and a graded equipment layout that tested memorization.

"When people think about the Best Warrior Competition, they think of a physical training stud that never gets tired," said Spc. James Harris, a cavalry scout assigned to 1st Brigade Combat Team, 25th Infantry Division, Alaska. "I think the best definition of a warrior (is one who) has an academic side. You must have the capability to think and process a situation critically."

The official first day provided more physical and rigorous events, a 4 a.m. wake-up, an Army Physical Fitness Test, followed by a 1.5-mile combat run in boots and Army Combat Uniform and an obstacle course. Following the obstacle course, a UH-60 Blackhawk helicopter brought the competitors to a nearby range where they zeroed and qualified on the M-4A1 carbine rifle.

"It's been pretty rigorous so far," said Spc. Thomas MacDonald, a combat engineer specialist assigned to the 130th Engineer Brigade, 8th Theater Sustainment Command. "I know that all these guys out here came with their A-game, so I definitely got my work cutout for me."

Day two proved to be another long day. After another early wake-up, the competitors went to the range where they spent most of the day being tested on their knowledge of weapon systems and their marksmanship firing the M240B machine gun, the M249 squad automatic weapon, the M320 grenade launcher, the M4 advance rifle marksmanship and the M9 pistol.

Some of the weapon systems were new to the competitors, but all managed to push through each

stations. One Soldier left words of advice for next year's competitors.

'The advice I would have for Soldiers coming here next year would be to get a lot of hands on with weapon systems, and definitely go to the range and fire a lot of rounds," said Spc. Patrick Saladino, a chemical, biological, radiological, nuclear and explosive specialist assigned to 2nd Sustainment Brigade, 2nd Infantry Division, Korea, after finishing the machine gun ranges and awaiting his turn on the M320 range. After the range, Blackhawk helicopters brought the competitors to their next event - the day and night land navigation course at the 25th ID's Lightning Academy. The academy is where Soldiers attend the Jungle Operations, Air Assault and Pre-Ranger courses. Deep into the tropical night, the Soldiers used their headlamps, maps, protractors and compasses to find their way to marked points scattered throughout the training area. Each walked upwards of 12 miles to find all their points. The last competitor finished the course at 9:45 p.m., 45 seconds before the five-hour deadline. On day three, the competitors woke at 4 a.m. to a heavy downpour. They stood in the dark at the starting point of the eight-mile foot march with wet uniforms and the Hawaiian rain dripping from their faces. They faced a harsh, winding trek that would take them up and down large hills and through the island countryside. The contestants couldn't stop to enjoy the scenery or smell the tropical sea breeze due to the two-hour time limit but each step took them closer to the finish line and the title of USARPAC Best Warrior.

"There's been early mornings and late nights, and the land navigation was crazy yesterday," said Spc. James Bass, a military working dog handler assigned to the 901st Military Police Detachment, Japan, while trying to catch his breath during the foot march. "I thought I trained up for rucking, but I didn't train up for this type of rucking. At this point, it's all about finishing so that's my goal, that's my motivation."

The first rain-soaked finisher of the ruck march, Saladino, came in at 1:46:28, but was quickly followed by Spc. Hazen Ham, an infantryman assigned to the 3rd Infantry BCT, 25th ID at 1:46:46.

After the foot march, the competitors had 30 minutes for the medics to inspect and treat their feet, change socks and grab a quick snack before diving into the next series of events. Drill and ceremony was next. The Pacific Soldiers marched and called cadence to a squad of volunteers. After calling "Fall Out," the resilient warriors hustled to the final event for the day--a rainy 2-mile course that featured 10 basic warrior skill level stations which included reacting to a chemical or biological attack, providing first aid to a casualty, throwing hand grenades, calling for a medical evacuation, reacting to enemy contact and calling for fire on an enemy position.

Tired, wet and hungry, the Soldiers pushed through to prove they're worthy of the USARPAC Best Warrior title.

"That's all you're holding on to at this point," said Harris, when asked what it would mean to him, if he were named USARPAC Best Soldier. "You're smoked and you're tired of thinking, packing and the rain, but it's worth every inch of the struggle to be named best warrior for USARPAC. I want it more than anyone."

The final day and final event were far less physical, but just as tough mentally. They faced a knowledge board of sergeants major from commands across the Pacific. "We're not looking just for the best field Soldier or the best garrison Soldier but a well-rounded Soldier," said Command Sgt. Major Rick Merritt, senior enlisted adviser for 8th Army, Korea and a panel member for the USARPAC Best Warrior board.

Once the final question and answer was given, a look of relief, satisfaction and smiles came across the Soldiers' faces, as they left the boardroom. They knew they had completed every task the USARPAC BWC had to offer, an accomplishment that would be passed on to future generations of Soldiers.

"The importance of these types of competitions as NCOs is to set the example," said Sgt. 1st Class Benjamin Garcia, an infantryman assigned to 3rd Brigade Combat Team, 25th ID. "It's a 'do as I do' mentality, not a 'do as I say' mentality. These competitions really highlight what's important in our profession, which is leader development."

The winners for the USARPAC Best Soldier and NCO are Spc. Hazen Ham and Sgt. 1st Class Benjamin Garcia, both from the 25th Infantry Division.

They will represent the Pacific Command during the Army's Best Warrior competition in October.







Sgt. First Class Glenn C. Agngarayngay, assigned to 1st Battalion, 196th Infantry Brigade, United States Army Pacific Command, runs towards the finish line during the final event of the Army Physical Fitness Test as part of the Pacific Theater Best Warrior Competition on June 12, at Schofield Barracks, Hawaii. The APFT was the first event for

Sgt. Gerardo Saavedra, 88th Military Police Detachment, U.S. Army in Japan, assembles a 240B Light Machine Gun on Day 2 of the Pacific Theater Best Warrior Competition, June 13, at Schofield Barracks, Hawaii. The contest will determine who is the best Soldier and Noncommissioned Officer in the Pacific. (U.S. Army photo by Cpl. Michelle U. Blesam, 210th FA Competitors of the Best Warrior competition pull security for the UH-60 Blackhawk after landing for their land navigation exercise on Day 2 of the Pacific Theater Best Warrior Competition, June 13, at Schofield Barracks, Hawaii. The contest will determine who is the best Soldier and Noncommissioned Officer in the Pacific. (Photo by Cpl. Michelle U. Blesam, 210th FA BDE PAO)

### **Col. Robert P. Mann Jr. assumes Command of USAG Daegu**



Dr. Christine T. Altendorf (right), director of Installation Management Command -Pacific, passes the United States Army Garrison Daegu colors to Col. Robert P. Mann Jr. (left), commander of USAG Daegu, during a Change of Command ceremony at Camp Walker Kelly Field, June 29. (U.S. Army photo by Cpl. Soh, Jung-han)

#### By Cpl. Soh, Jung-han **USAG Daegu Public Affairs**

USAG DAEGU, South Korea - United States Army Garrison Daegu held a Change of Command ceremony in honor of the outgoing USAG Daegu Commander, Col. Kenneth T. Stephens and incoming Commander, Col. Robert P. Mann Jr., June 29, on Camp Walker Kelly Field.

Dr. Christine T. Altendorf, director of Installation Management Command - Pacific, presided over the ceremony, praised Stephens for his leadership as the USAG Daegu commander and welcomed Mann to his new position.

"The Garrison here at Daegu plays a critical role both operationally and for the sustainment of our teammates and families," said Altendorf.

"These mission requirements require a leader like Col. Stephens, who has demonstrated that he has both the people and management skills to rise to every challenge and excel in any environment. We welcome a dynamic leader, Col. Robert Mann, to Korea and to our incredible IMCOM team."

In his farewell address, Stephens took time to thank USAG Daegu and the Area IV community. "The directors, employees and Soldiers of U.S. Army Garrison Daegu as well as our friends and partners at the other three Korean garrisons, embrace change and constantly seek better ways and ideas to deliver services to our Army communities," said Stephens. "Thank you to all those in the community. I saw so many times the kindness and good heartedness of many of



Col. Kenneth T. Stephens, Dr, Christine T. Altendorf, director of Installation Management Command - Pacific, Col. Robert P. Mann Jr., march to pass the USAG Daegu colors from Stephens to Mann during USAG Daegu's Change of Command ceremony, June 29, at Camp Walker Kelly Field. (U.S. Army photo by Cpl. Soh, Jung-han)

you, it did not go unnoticed."

USAG Daegu and the Area IV community welcomed their new Garrison Commander. The New Jersey native comes to Daegu, South Korea after finishing his assignment as the commander of the 71st Transportation Battalion, Army Logistics University, Fort Lee, Virginia.

"I look forward to visit where you make a difference for the Soldiers and families of Area IV, to learn how I can make a difference like you do, each and every day," said Mann. "I also look forward to supporting the families, organizations, and units across Area IV. I am excited to be able to serve again in the Republic of Korea. I hope that I am able to continue the strong relationships that the Garrison has built with our local Korean government and our Good neighbors."

As a major, Mann served in the Republic of Korea and served at Camp Casey. He was the General Supply Officer for the 2nd Infantry Division Support Command and the S-3 for the 702nd Main Support Battalion.

Mann is a graduate of the Dwight D. Eisenhower School for National Security and Resource Strategy. Other military schools include the Quartermaster Officer Basic Course, the Combined Logistics Officer Advanced Course, the Combined Arms Services and Staff School, the U.S. Army Command and General Staff College, and the Army Force Management School.

He is married to Col. Renee Mann, 403rd Army Field Support Brigade commander and they have two children: William, 9, and Olivia, 7.





USAG Daegu Commander Col. Robert P. Mann Jr. (left), Dr. Christine T. Altendorf, director of Installation Management Command - Pacific sign the Service Culture Initiative pledge, June 30 in USAG Daegu command conference room. (U.S. Army photo by Intern Lee, Jo-eun) Sgt. Ike Mathes, Area IV Better Opportunities for Single Soldiers President, records his shout out video at Camp Henry Sustainer Grill, June 22. USAG Daegu Public Affairs Office recorded 4th of July greetings from Soldiers for their favorite teams at Area IV, June 22-23. (U.S. Army photo by Intern Shin, Hyo-ju)

### **6th Ordnance Battalion hosts GAFPB**



6th Ordnance Battalion soldiers receive instructions prior to the chin-up event for the German Armed Forces Proficiency Badge test held in Camp Carroll, South Korea June 21 and 22. (U.S. Army photo by Pvt. Kong, Il-woong)

#### By Sgt. Uriah Walker 19th ESC Public Affairs

Service members who have been stationed in Germany may be familiar with the German Armed Forces Proficiency Badge and what it takes to earn it. For the first time on the Korean Peninsula, the opportunity to earn the GAFPB was offered to soldiers assigned to 6th Ordnance Battalion.

One stipulation, which has historically prevented holding the competition here, is that it must be administered and verified by a member of the German Armed Forces. As luck would have it, 1st Sgt. Joseph Haedtke, Headquarters and Headquarters Detachment, 6th OD Bn, was previously stationed in Germany and has remained in contact with German Armed Forces Sgt. Maj. Alexander Scherfling who is currently the assistant to the Defense Attaché at the German Embassy in Seoul.

"ist Sgt. Haedtke contacted me in Seoul and asked if I would help him organize this event," said Scherfling. "U.S. and German soldiers have been earning this badge for years but, for the KATUSA here, this is absolutely unique."

Normally, German soldiers will train extensively before trying to earn their GAFPB, Scherfling explained. This is a very challenging event comprised of five physical challenges plus M9 pistol marksmanship.

Competitors had the opportunity to earn a bronze, silver or gold badge. The badge to be awarded was determined by the results of the soldier's score in each event.

The first day's challenges included a 10 meter sprint, executed 11 times, followed by a chinup hang, 1,000 meter run and finally a 100 meter swim while in uniform. On the second day, participants faced a ruck march with a 35-pound rucksack before



Pvt. Pierre Pontes, Headquarter and Headquarters Detachment, 6th Ordnance Battalion, removes and throws his uniform out of the pool as part of the 100 meter swimming event for the German Armed Forces Proficiency Badge held in Camp Carroll, South Korea June 21. (U.S. Army photo by Pvt. Kong, II-woong)

finishing with pistol qualification.

26 junior soldiers, KATUSAs, noncommissioned officers and senior leaders battled fatigue and the clock for two days during this test of strength and skill. Ultimately, only five claimed victory - to include one KATUSA.

1st Sgt. Richard Coeur, 84th OD Company, 6th OD Bn said he anticipated an extremely difficult set of events and his former drill instructor mindset wasn't disappointed.

"I actually did a lot better than I thought I was going to do," he said. "Everything was difficult. It was difficult to the point that it pushed you to the limit but not too difficult where it couldn't be achieved."

Cpl. Kim, Sun Gwan, HHD, 6th OD Bn senior KATUSA, compiled enough points through the six events to earn himself the silver GAFPB. "I heard that we were going to do the pull-up bar [hang] and for me, because I'm not very good at pull-ups, I was really worried about holding on for more than 60 seconds," said Kim. "But I did it."

Although he completed five of the six events at the gold level, the marksmanship challenge at the end ultimately reduced his standings to silver.

"Competing here, and earning a silver medal, as a Korean National - it feels great, I feel honored," he said.

For Coeur, a 27-year Army veteran, this event was special because he has never been stationed in Germany or otherwise offered the opportunity to earn the GAFPB. By 6th OD Bn laying the groundwork to hold the event here on the peninsula the door has been opened for not only soldiers but also KATUSAs to earn the badge.





The 19th Expeditionary Sustainment Command Headquarters and Headquarters Company takes a group photo with Maj. Gen. John P. Sullivan, Commanding General, 19th ESC after being awarded the Commander's Cup, June 17. (U.S. Army photo by Cpl. Sin, Jae-hyung)

A small group of children attending the Area IV Vacation Bible School, held June 19-23, move to a different activity zone led by a volunteer at Camp Walker Soldiers Memorial Chapel. (U.S. Army photo by Pfc. Kim, Bum-joon)

# Page 28MORNING CALMGarrison Civilians Graduate EL CUBE

#### By Intern Lee, Jo-eun USAG Daegu Public Affairs

USAG DAEGU, South Korea – United States Army Garrison Daegu's "Emerging Leaders Creating Unity by Engagement" is a nine-month program that is comprised of multiple class sessions and one capstone garrison project designed to facilitate achievement of the program's stated objectives. It was formed by a multi-disciplined team charged with developing and implementing the Garrison's Commander's intent.

EL CUBE is composed of leadership lectures and team projects such as the marketing strategy of the Equal Employment Opportunity command climate survey. For the end of the program, USAG Daegu employees and the Garrison Commander Col. Kenneth T. Stephens gathered for the EL CUBE 2017 Graduation Ceremony to recognize the participant's accomplishments, June 28, at the Camp Henry command conference room.

"I am completely impressed by your dedication and abil-



Participants of "Emerging Leaders Creating Unity by Engagement" 2017 pose for a group photo during the EL CUBE graduation ceremony, June 28, at the USAG Daegu command conference room. (U.S. Army photo by Intern Lee, Jo-eun)

ity that everyone had shown through EL CUBE 2017," said Stephens. "I want to acknowledge this graduation, for the students that spent the last nine months inside the EL CUBE course. I was also happy to plan and execute with all students and mentors. We all made this program together. This August or September, EL CUBE 18 will begin again. I hope many people will be interested in EL CUBE." "It is a really good phenomenon that we sit down as a group whether we are in a boss or employee relationship and just talk about the ways to get ideas from everyone," said Ingrid Walsh Brown, director, Directorate of Human Resources. "I want to say thank you very much for all of the hard work. I also expect what I will see through next EL CUBE 18."

After Stephens and Walsh-

Brown's opening remark, Stephens gave graduation certificates and USAG Daegu coins to students and mentors to recognize their contributions that resulted in teams, diversity and creativity within the Garrison.

"This is a wonderful opportunity for Korean and U.S. employees," said Aileen. S. Nagai, mentor of Team Evolution, Resources Management Office. "EL CUBE is about empowering team members to do their own projects. It definitely helps them to be a good leader. Though this project is not only for them, but also for me as mentor, I can learn how to calm down members and what I can do to step toward a better position."

"I am proud of myself that I did my best," said Kim, Kyong-suk, Team Evolution. "I want to say thanks to our team members and mentor who cared for me. This project really helps me to grow up as a leader. I hope many Korean staff become interested in EL CUBE."

# **Learning to Defend Yourself: SHARP 360**

#### By Intern Shin, Hyo-ju USAG Daegu Public Affairs

USAG DAEGU, South Korea – The Army's Sexual Harassment Assault Response and Prevention training is a key element in the Army's multifaceted prevention approach. For the Soldiers and service members in Area IV, United States Army Garrison Daegu conducted SHARP 360 faceto-face training at the Camp Walker SHARP 360 building, June 21.

"We want to bring the Soldiers and service members in the SHARP 360 face-to-face training and explain them about the rules and regulations that govern sexual assault response program," said Richard Flower, USAG Daegu Sexual Assault Response Coordinator. "We usually take them into a scenario such as gym, barrack or bar scene. Also, we give them basic instruction and update on challenges of possible sexual assault that people might face."

The training was divided into two parts. At the beginning, Mr. Richard Flower presented a lecture about the basic concepts of sexual harassment and instructions on how to face it. Soldiers also filled out a questionnaire about their experience related to sexual harassment and participated in several role-playing scenarios.

"The training was great," said Spc. Angelika Lundy,



movement specialist, 622nd Movement Control Team. "When the Soldiers were role-playing, they acted as certain people. Everybody can be put in those sorts of situations, so I think the role-playing was a great help to us."

The Area IV SHARP 360 facility was designed and built as a concept in the Republic of Korea. The training has Soldiers participate in roleplaying at a bar scene during the SHARP 360 face-to-face training, June 21, at the Camp Walker SHARP 360 building. (U.S. Army photo by Intern Shin, Hyo-ju)

been going on for many years between USAG Daegu and the 19th Expeditionary Sustainment Command.

"We allowed units in Area IV to continue to reinforce the training and to use different scenarios at this place," said Flower. It is available for service members, local nationals, Soldiers, and anyone else."

### **Annual Combined Movement Discussion aligns senior leaders**





Senior logistics leaders from across the Korean Peninsula gathered with the Republic of Korean Transportation Command and KORAIL representatives for the 5th Combined Movement Control Tactical Discussion at the KORAIL headquarters, June 20. Discussions focused on movement control ranging from the strategic to the tactical level. (U.S. Army photo by 1st Lt. Ellen C. Brabo)

#### By 1st Lt. Ellen C. Brabo 19th ESC Public Affairs

DAJEAON, South Korea -Senior logistics leaders from across the Korean Peninsula, members of the Republic of Korea Transportation Command and KORAIL representatives gathered for the 5th **Combined Movement Control** Tactical Discussion at the KO-RAIL headquarters, June 20. Discussions focused on strategic and tactical movement control and the organizations involved in the coordination and execution of movement during contingency operations.

"I think the topics that will be covered today are very important but perhaps more important are the relationships that will be strengthened and reinforced by virtue of us all coming together in a meeting today," said Maj. Gen. John P. Sullivan, Commanding General of the 19th Expeditionary Sustainment Command.

The first topic of discussion was the Implementing Arrangement between the U.S. Forces Korea and the Ministry of National Defense. This document governs the rail transportation logistics support on the peninsula between the U.S. and the ROK. Further discussions circled around the lack of formal agreement between the USFK and KORAIL. Following the rail transportation logistic support discussions, Justin Sturn, Deputy G35 Future Operations 19th ESC, provided a brief overview of the non-combatant evacuation operation movements on the peninsula.

"The U.S. Department of State estimates the current population of the U.S. and United Nations sending states [in Korea] to now be over 500,000," said Sturn. "To support the movement of non-combatants, our primary mode of transportation would be via train."

In addition to rail assets, dependent on the situation, rotary wing assets and U.S. Army buses could also be utilized to transport non-combatants from Area I to relocation centers in Area IV. However, it is important that the assets to move personnel off the peninsula are immediately available when needed. Both U.S. TRANSCOM and the U.S. Army Pacific Command have begun to look beyond just a strategic air solution and are currently exploring the possibility of using ships and ocean vessels with the ability to reach beyond Japan.

"Our recently executed Focused Passage Exercise was able to utilize all modes of transportation on [the peninsula] and strategic air assets off-pen," said Sturn. "In future exercises we are hoping to use off-post nodes and start to include members from the sending nations." The coordination and synchronization across the ROK TRANSCOM, 2nd Operational Command and the Third ROK Army, is invaluable in setting conditions for reception, staging and onward movement

Maj. Gen. John P. Sullivan, Commanding General of the 19th Expeditionary Sustainment Command, engages in discussions with Brig. Gen. Yul Hoon Lee, Commanding General of the Republic of Korea Transportation Command. Senior logistics leaders gathered with the ROK TRANSCOM and KORAIL representatives for the 5th Combined Movement Control Tactical Discussion at the KORAIL headquarters, June 20. (U.S. Army photo by Sgt. 1st Class Clinton M. Carroll)

operations. RSO field training exercises allow units, such as the 551st Inland Cargo Transfer Company, to exercise their combined convoy capabilities and to enhance combined movement synchronization.

"This year's RSO FTX consisted of two serials compared to four serials we executed last year," explained Cpt. Michael Beagle, G-33 CUOPS 19th ESC. "This was the second time where our convoy security roles and responsibilities were exchanged from the 2nd Operational Command to another ROK Army Field Command. This year it was the TROKA, last year it was the First ROK Army."

The way-ahead for the RSO FTX will include continuing to utilize rotational unit equipment to conduct operations, leverage current inland petroleum distribution systems and developing a training plan that can stress the system for transportation and movement control by moving a larger volume of equipment.

Following the conclusion of the CMCD, senior logistics leaders met with both the KORAIL military liaison and chief executive officer. Discussions circled around the future of KORAIL and future opportunities for continued combined planning and operations.



Members of the 19th Expeditionary Sustainment Command and U.S. Forces Korea meet with Dr. Hong Soon-man, the KORAIL Chief Executive Officer at the KORAIL headquarters to discuss the future of KORAIL and the opportunities ahead for continued combined operations and planning, June 20. (U.S. Army photo by 1st Lt. Ellen C. Brabo)