



DEPARTMENT OF THE ARMY
UNITED STATES ARMY INSTALLATION MANAGEMENT COMMAND
HEADQUARTERS, U.S. ARMY GARRISON-YONGSAN
UNIT # 15333
APO, AP 96205-5333

IMYN-ZA

7 NOV. 2016.

UNITED STATES ARMY GARRISON-YONGSAN (USAG-Y) POLICY #13

MEMORANDUM FOR SEE DISTRIBUTION

SUBJECT: Nursing Mother's Policy

1. REFERENCES:

- a. Section 7(r) of the Fair Labor Standards Act - Break Time for Nursing Mothers' Provision
- b. United States Army Public Health Command (USAPHC) Technical Guide 281, *A Guide to Female Soldier Readiness*, June 2010
- c. United States Army Public Health Command's Breastfeeding Resources at <http://phc.amedd.army.mil/topics/healthyliving/wh/Pages/BreastfeedingandBreastHealth.aspx>
- d. United States Office of Personnel Management (OPM), *Guide for Establishing a Federal Nursing Mother's Program*, January 2013

2. **PURPOSE:** To establish policy on the requirements to support mothers who desire to breastfeed during duty hours.

3. **APPLICABILITY:** This Policy applies to all Soldiers, Civilians, Family Members and other personnel who is employed, residing, or visiting U.S. Army Garrison Yongsan (USAG-Y) facilities

4. **DISCUSSION:** Breastfeeding is widely accepted as the ideal form of nutrition for newborn. Thus, many female Soldiers and DA Civilian choose to continue breastfeeding their newborns after they return from maternity leave. Commanders/supervisors will discuss the options below with expectant mothers to ensure facilities/procedures are in place to allow them to conveniently and safely express milk if they decide to continue breastfeeding after returning from maternity leave.

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5. POLICY:

a. All Commanders will provide reasonable break time for a Soldier or DAC employee to breastfeed her nursing child for up to one year after the child's birth.

b. Army Community Service (ACS) established a designated room to allow any female Soldier and DAC employee who chooses to breastfeed their infant upon returning from maternity leave.

c. All Major Subordinate Commands (MSCs) and Civilian Directorates assigned to USAG-Y and Area II will designate a specified location within their respective MSC or Directorate as a place where mothers can breastfeed their infant upon returning from maternity leave.

d. Any room designated for breastfeeding will be clean and quiet in USAG-Y, Area II and be free from intrusion from co-workers and public. Bathrooms and latrine facilities will not be used as designated rooms for breastfeeding.

e. Any room proposed as a designated breastfeeding area will be inspected and receive written authorization by qualified medical personnel such as a License Physician, Registered Nurse (RN), or Physician's Assistant (PA).

f. The point of contact is Family Advocacy Program Manager (FAPM) at DSN 738-7790.



J. SCOTT PETERSON
COL, CA
Commanding

Distribution:

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