



KNOWLEDGE

OFFICIAL SAFETY MAGAZINE OF THE U.S. ARMY

THIS WEEK 16-20 MAY 2016



A BATTLE WORTH FIGHTING

Have you ever argued with your children about the importance of wearing seat belts? My personal battle began shortly after my youngest son outgrew his booster seat. Part of the fight was my own doing because I used to allow him to take off his seat belt on long trips so he could lie down in the backseat. At some point, however, I realized the error of my ways and changed the rules for riding in the car.



BEAT THE HEAT

Each year in the U.S., an average of 658 people die as a result of extreme heat. The Centers for Disease Control and Prevention recommends everyone take the necessary steps to protect themselves such as staying cool, hydrated and prepared.



DRAW THE LINE

With time, our comfort and confidence with our aircraft grows, and what used to take intense concentration becomes easy to do. We all strive to become exceptional pilots, and it is easy for us to fall prey to the vanity of demonstrating our hard-earned skills.

DID YOU KNOW?



A GOOD TIME CAN GO BAD FAST

[CLICK TO VIEW VIDEO](#)

SAFETY FEATURE



<https://safety.army.mil>

[CLICK TO DOWNLOAD](#)

PRODUCTS & TOOLS



Going on leave, pass or TDY? Don't forget to first complete your Travel Risk Planning System assessment.



Mentoring can help keep Soldiers safe. Find out what you can do to protect your Soldiers with the Motorcycle Mentorship Program.



The latest installment of the Army's **Ready ... or Not?** campaign is now available and contains a new collection of safety posters and articles to help Soldiers and leaders prepare for the unique challenges the next few months will bring. Click here to learn more.

Are you **Ready ... or Not?**

[SUBMIT AN ARTICLE](#)

[SUBSCRIBE TO SAFETY PRODUCTS](#)

[CONTACT US](#)

