

Major General Frederick L. Crist

Commanding General

Major General Frederick L. Crist was born in Yokosuka, Japan and raised in Reading, Pennsylvania. He began his military career in 1989 as an enlisted Stinger Missile Gunner in the 28th Infantry Division, PA Army National Guard. He received his commission in 1994 as a second lieutenant in the Infantry with a branch detail from the Transportation Corps after graduating from the Pennsylvania State University.



MG Crist's first assignment was in the 3rd Battalion, 504th Parachute Infantry Regiment, 82nd Airborne Division where he served as a Rifle Platoon Leader, Anti-Armor Platoon Leader, and Assistant BN S-3. Upon his transition to the Transportation Corps, he served as the Assistant BDE S-4 and later BDE S-4 for the 504th PIR.

Upon completion of the Captain's Career Course, MG Crist was assigned to the 173rd Airborne BDE in Vicenza, Italy. He later commanded the 66th Transportation Company, 28th Transportation BN, Kaiserslautern, Germany. Following company command, he served as the Operations Officer to the Commanding General, U.S. Army Europe and Seventh Army in Heidelberg, Germany.

Following completion of CGSC and SAMS, MG Crist was assigned to the 75th Ranger Regiment as the Regimental Support Operations Officer, with a follow-on assignment to the Headquarters, Department of the Army Staff G-3/5/7 Special Operations Division.

MG Crist then commanded the 626th Brigade Support Battalion, 3rd Brigade, 101st ABN DIV (Air Assault), Ft. Campbell, KY and Afghanistan. This was followed by an assignment as the Transportation Corps Chief of Proponency, Office of the Chief of Transportation. After this assignment, MG Crist participated in an Army War College Fellowship at the Massachusetts Institute of Technology. He then served as the G-5 of the Military Surface Deployment and Distribution Command (SDDC) at Scott AFB, Illinois.

MG Crist then commanded the 597th Transportation BDE (SDDC) at Ft. Eustis, VA, with a follow-on assignment as the Chief of USTRANSCOM Commander's Action Group followed by service as the Executive Officer to the USTRANSCOM Commander.

MG Crist then had the honor to serve as the Army's 32nd Chief of Transportation, followed by service as the Commanding General, 19th Expeditionary Sustainment Command in Daegu, South Korea. Most recently, MG Crist was the Director of Sustainment for the United Nations Command (UNC) and United States Forces Korea (USFK), and the Deputy C4 for the Combined Forces Command (CFC), at Camp Humphreys, South Korea.

MG Crist is married to Angela Crist and they have two children.