



Medical Readiness Command, Pacific Defense Health Network Indo-Pacific



BRIGADIER GENERAL DEYDRE S. TEYHEN

DPT | PhD | FAPTA

**Commanding General, Medical Readiness Command, Pacific
Director, Defense Health Network Indo-Pacific**

BG Deydre Teyhen was born in Canton, Ohio and received her Bachelor of Arts in Sports Science at Ohio Wesleyan University in 1993. She earned her Master's Degree in Physical Therapy from the U.S. Army-Baylor University in 1995, completed her Ph.D. in Biomechanics from the University of Texas in 2004, and her Doctoral Degree in Physical Therapy from the Baylor University in 2008. BG Teyhen graduated with honors as a distinguished graduate from the U.S. Army War College with a Master's Degree in Strategic Studies in 2014.

Prior to becoming the Commanding General, Medical Readiness Command, Pacific and Director, Defense Health Network Indo-Pacific, she was the Director of the Defense Health Network-National Capital Region. Key senior leader positions include: Commanding General of Brooke Army Medical Center, Deputy Director of the San Antonio Market, and Deputy Chief of Staff (Support, G-1/4/6) at the Office of the Surgeon General. During the pandemic, she served as the Department of Defense Lead of Therapeutics for Operation Warp Speed at the U.S. Department of Health and Human Services and as the Commander for Walter Reed Army Institute of Research, the Department of Defense's largest biomedical research facility. She has also Commanded the U.S. Army Health Clinic-Schofield Barracks and Public Health Command Region-South. Previous assignments included Assistant Chief of Staff - Public Health at the Army's Office of the Surgeon General; Deputy Director, Telemedicine and Advanced Technology Research Center; Associate Professor and Director of the Center for Physical Therapy Research for the U.S. Army-Baylor University Doctoral Program in Physical Therapy; Officer-in-Charge of Task Force 10 Delta Med in Al Kut, Iraq; Chief of Musculoskeletal Care Center and Chief of Physical Therapy at Kimbrough Ambulatory Care Center; Chief of Outpatient Physical Therapy at Walter Reed Army Medical Center; Chief of Physical Therapy, 21st Combat Support Hospital in Tuzla, Bosnia; and Physical Therapist at Darnall Army Community Hospital.

BG Teyhen also served as the 20th Chief, U.S. Army Medical Specialist Corps (2020-2024). BG Teyhen has spent her career focused on improving the delivery of healthcare, holistic health, and readiness (public health, musculoskeletal medicine, behavioral health, resiliency, imaging, and technology). Her research accomplishments include over 360 peer-reviewed publications, editorials, book chapters, and published abstracts; 120 presentations at conferences; and 200 invited lectures.

BG Teyhen's key military awards include the Defense Superior Service Medal, six Legions of Merit, the Army Medical Department's Order of Military Medical Merit, the Surgeon General's "A" Proficiency Designator, and the U.S. Army War College Commandant's Award for Distinction in Research. Key civilian awards include Catherine Worthingham Fellow of the American Physical Therapy Association, Dissertation Award from the University of Texas, the American Physical Therapy Association, and Margaret L. Moore Award for Outstanding New Academic Faculty Member. She has been inducted into the Kinesiology and Health Education Distinguished Alumna Hall of Honor, University of Texas and the Distinguished Achievement Citation from the Ohio Wesleyan University.

BG Teyhen is married to COL (Ret) John V. Teyhen III who served as the Deputy Command Surgeon of the U.S. Indo-Pacific Command before retiring in October 2018 after 34 years of service. He is currently the Deputy Chief of Staff at the Defense Health Agency. They have accomplished their goal to be the first military couple to run a marathon in all 50 states.