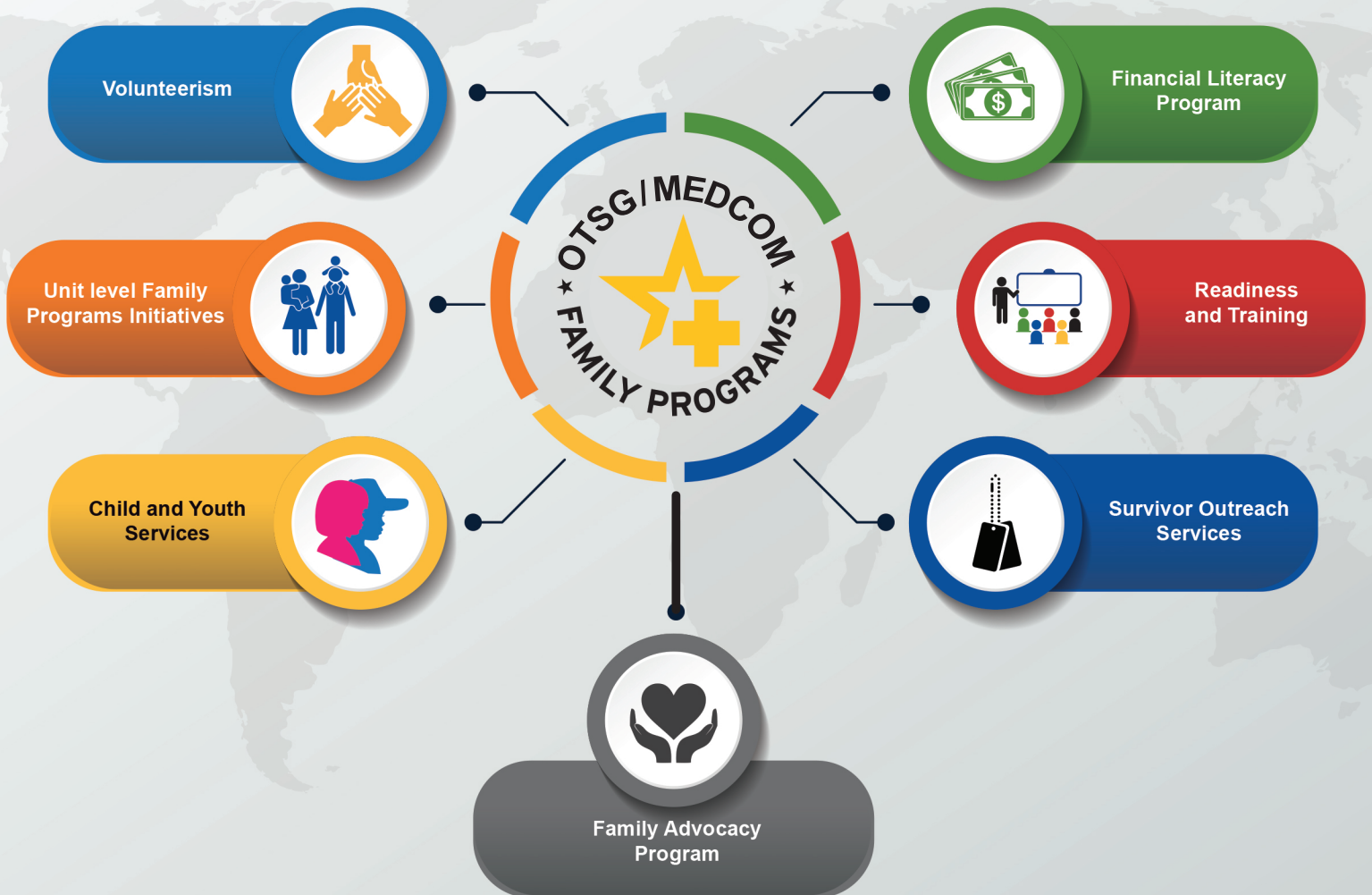




**OTSG / MEDCOM FAMILY READINESS**

Connecting: Soldiers • Families • Communities

# Resources



## Ready and Resilient Soldiers and Families



# ***BUILDING AN EFFECTIVE SUPPORT SYSTEM***

**The MEDCOM Family Readiness Division provides support to the Total Force through a full spectrum of programs and services. These include, but are not limited to:**

**Providing regulatory/policy guidance to leaders and staff, regardless of component & geographic location.**

**Leveraging technology to deliver program support and training.**

**Delivering educational events for Senior Leader & Command Spouses.**

**Identifying Quality of Life issues through the Army Family Action Plan (AFAP).**

**Performing Family readiness inspections & focus groups.**

**Monitoring the Volunteer Management Information System (VMIS).**

## **Connect with us at:**

Email

[usarmy.jbsa.medcom-hq.mbx.family-readiness@health.mil](mailto:usarmy.jbsa.medcom-hq.mbx.family-readiness@health.mil)

Facebook Page

MEDCOM Family Readiness

Homepage

<https://www.army.mil/armymedicine#org-family-programs>



# FINANCIAL

## Army Emergency Relief (AER)



[www.armyemergencyrelief.org/](http://www.armyemergencyrelief.org/)

## Military Onesource



[www.militaryonesource.mil/financial-legal/](http://www.militaryonesource.mil/financial-legal/)

## Yellow Ribbon Reintegration Program



[www.yellowribbon.mil/cms/financial-resource-guide/](http://www.yellowribbon.mil/cms/financial-resource-guide/)

## Accounting.com



[www.accounting.com/resources/financial-aid-for-veterans/](http://www.accounting.com/resources/financial-aid-for-veterans/)

## Modest Needs



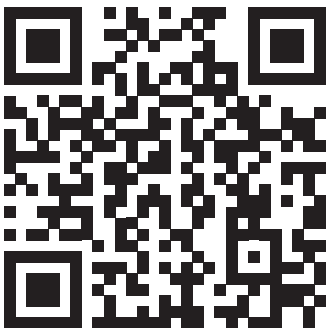
[www.modestneeds.org/](http://www.modestneeds.org/)

## Coalition to Salute America's Heroes



<https://saluteheroes.org/>

## Operation HomeFront



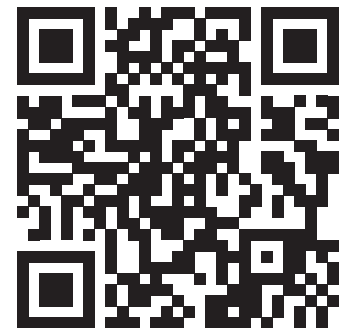
[www.operationhomefront.org/](http://www.operationhomefront.org/)

## Rent Assistance



[www.rentassistance.us/](http://www.rentassistance.us/)

## PATRIOTlink



[www.patriotlink.org/](http://www.patriotlink.org/)



# FAMILY

## My Army Benefits



<https://myarmybenefits.us.army.mil/>

## Veterans Affairs



[www.va.gov/](http://www.va.gov/)

## Tricare



<http://tricare.mil/>

## Military OneSource Family & Relationships



[www.militaryonesource.mil/family-relationships/](http://www.militaryonesource.mil/family-relationships/)

## Military Officers Association of America (MOAA)



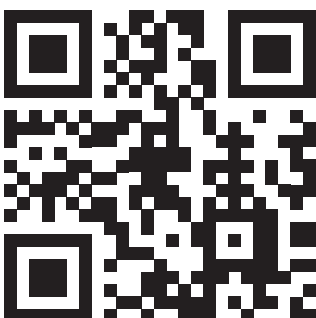
[www.moaa.org/content/topic-and-landing-pages/coronavirus-resources/](http://www.moaa.org/content/topic-and-landing-pages/coronavirus-resources/)

## Red Cross: Virtual Family Assistance Center



<https://www.redcross.org/virtual-family-assistance-center.html>

## Boys & Girls Clubs of America



[www.bgca.org/](http://www.bgca.org/)

## Give an Hour



<https://giveanhour.org/military/>

## 4 H



<https://4-h.org/>





# FAMILY

## Blue Star Families



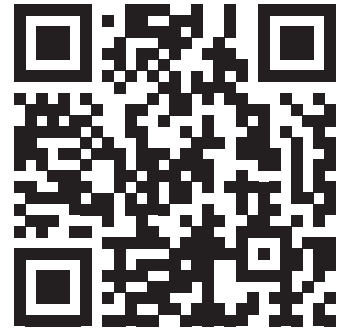
<https://bluestarfam.org/>

## Cohen Veteran Network



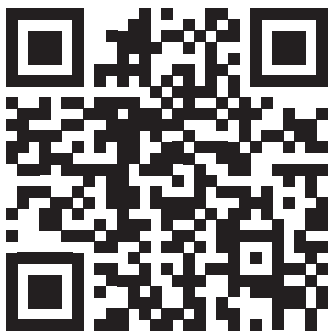
[www.cohenveteransnetwork.org/](http://www.cohenveteransnetwork.org/)

## The Barry Robinson Center



[www.barryrobinson.org/](http://www.barryrobinson.org/)

## Sound Off



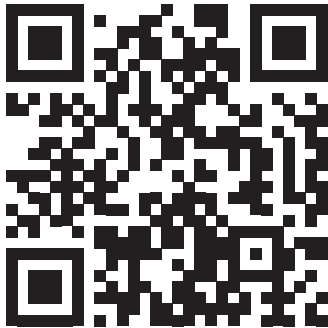
<https://sound-off.com/get-help/>





# EMPLOYMENT

## Private Public Partnership (P3)



[www.usar.army.mil/P3/](http://www.usar.army.mil/P3/)

## Military Onesource Education & Employment



[www.militaryonesource.mil/  
education-employment](http://www.militaryonesource.mil/education-employment)

## USAJobs



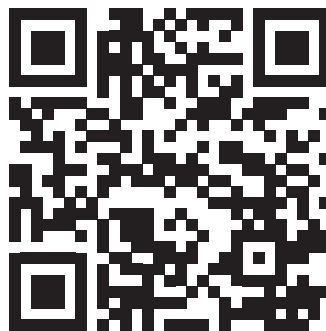
[www.usajobs.gov/](http://www.usajobs.gov/)

## Career One Stop



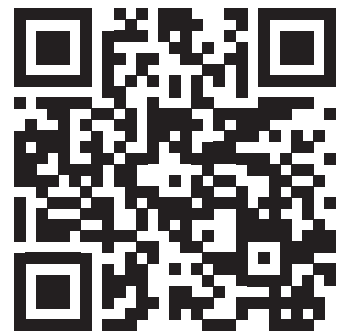
[www.careeronestop.org/Veterans/  
default.aspx](http://www.careeronestop.org/Veterans/default.aspx)

## Military.com



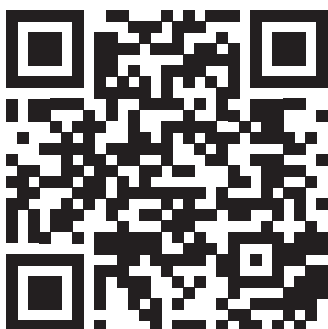
[www.military.com/veteran-jobs](http://www.military.com/veteran-jobs)

## Hire Heroes USA



[www.hireheroesusa.org/](http://www.hireheroesusa.org/)

## Blue Star Families



[https://bluestarfam.org/resources/  
careers/](https://bluestarfam.org/resources/careers/)

## Hiring Our Heroes



[www.uschamberfoundation.org/  
hiring-our-heroes](http://www.uschamberfoundation.org/hiring-our-heroes)

## Job Openings for DisABLE Veterans (JOFDV)



[www.jofdav.com/](http://www.jofdav.com/)



# EMPLOYMENT

## Military Spouse Employment Partnership



<https://msejobs.militaryonesource.mil/msep/>

## National Association of State Workforce Agencies



[www.naswa.org/](http://www.naswa.org/)

## Recruit Military



<https://recruitmilitary.com/>

## Veterans Enterprise



<https://veteransenterprise.com/career-search-engine/>

## Armed Services Jobs



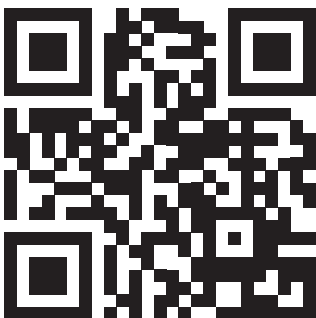
[www.armedservicesjobs.com/](http://www.armedservicesjobs.com/)

## Military Civilian



<https://military-civilian.com/>

## Indeed



[www.indeed.com/](http://www.indeed.com/)

## Government Jobs Qualified Staffing



[www.q-staffing.com/](http://www.q-staffing.com/)

## Select Staffing

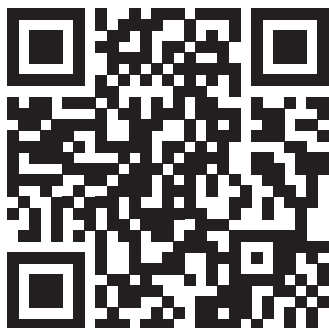


[www.select.com/](http://www.select.com/)



# EMPLOYMENT

**PATRIOTlink**



[www.patriotlink.org/](http://www.patriotlink.org/)

**VetJobs**



[www.vetjobs.org/](http://www.vetjobs.org/)

**Veterans.gov**



[www.veterans.gov](http://www.veterans.gov)

**Veterans.gov**



[www.veterans.gov](http://www.veterans.gov)

**FEDSHIREVETS**

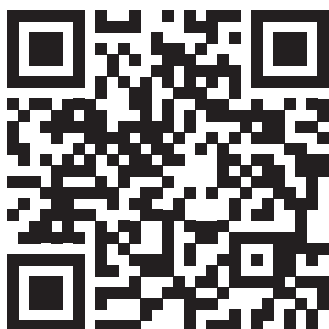


[www.fedshirevets.gov/](http://www.fedshirevets.gov/)



**U.S. Department of Labor**

**Veterans and Military Spouses**



[www.dol.gov/agencies/vets/veterans](http://www.dol.gov/agencies/vets/veterans)

**Transition Assistance Program**



[www.dol.gov/agencies/vets/programs/tap](http://www.dol.gov/agencies/vets/programs/tap)

**Transition Employment Assistance  
for Military Spouses  
(TEAMS) Work Shops:**



[www.dol.gov/agencies/vets/programs/tap/teams-workshops](http://www.dol.gov/agencies/vets/programs/tap/teams-workshops)





# EDUCATION

## Training & Education

### Our Military Kids



[www.ourmilitarykids.org/](http://www.ourmilitarykids.org/)

### Military Onesource Higher Education for Children



[www.militaryonesource.mil/  
education-and-employment/higher-  
education-for-childre](http://www.militaryonesource.mil/education-and-employment/higher-education-for-childre)

### Military Onesource Higher Education for Service Members



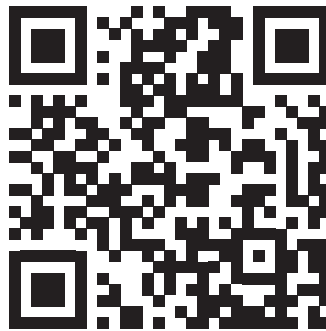
[www.militaryonesource.mil/  
education-and-employment/higher-  
education-for-service-members](http://www.militaryonesource.mil/education-and-employment/higher-education-for-service-members)

### Yellow Ribbon Reintegration Program



[www.yellowribbon.mil/cms/  
employment-resource-guide/](http://www.yellowribbon.mil/cms/employment-resource-guide/)

### Military.com



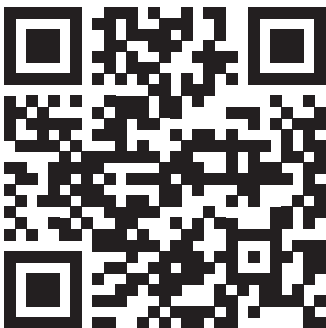
[www.military.com/education](http://www.military.com/education)

### Spouse Education and Career Opportunities (SECO)



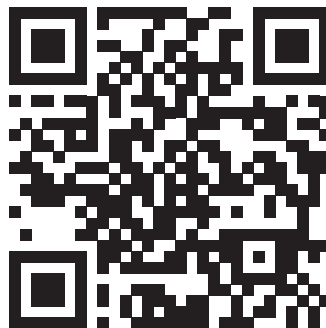
[https://myseco.militaryonesource.  
mil/portal/](https://myseco.militaryonesource.mil/portal/)

### Tutor.com



<http://military.tutor.com/home>

### Tuition Assistance (TA) Decide



[www.dodmou.com/TADECIDE](http://www.dodmou.com/TADECIDE)

### PATRIOTlink



[www.patriotlink.org/](http://www.patriotlink.org/)



# EDUCATION

## Training & Education

### Hiring Our Heroes Career Forward



[www.hiringourheroes.org/career-services/education-networking/career-forward/](http://www.hiringourheroes.org/career-services/education-networking/career-forward/)

### Minuteman Campaign



<https://www.usar.army.mil/MinutemanCampaign/>

### Military Families Scholarships



<https://search.militaryscholar.org/>

## Suicide Prevention Training



### 4R Gatekeeper Training



<https://suicide-prevention-training.teachable.com/p/4r-suicide-prevention-for-military-family-members>





# EDUCATION

## Home School Resources

**Khan Academy**



[www.khanacademy.org/](http://www.khanacademy.org/)

**Easy Peasy all-in-one  
homeschool**



<https://allinonehomeschool.com/>

**Newsela**



<https://newsela.com/>

**National Geographic  
Explorer Classroom**



[www.nationalgeographic.org/  
education/student-experiences/  
explorer-classroom/](http://www.nationalgeographic.org/education/student-experiences/explorer-classroom/)

**Field Trip Zoom**



[www.fieldtripzoom.com/](http://www.fieldtripzoom.com/)

**Smithsonian Learning Lab**



<https://learninglab.si.edu/>

**Funbrain**



[www.funbrain.com/](http://www.funbrain.com/)

**Storyline**



[www.storylineonline.net/](http://www.storylineonline.net/)

**OER Project**



[www.oerproject.com/](http://www.oerproject.com/)



# EDUCATION

## Home School Resources

Chrome Music Lab



<https://musiclab.chromeexperiments.com/Experiments>

Bedtime Math



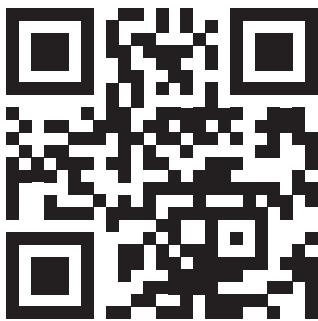
<http://bedtimemath.org/>

Code.org



<https://code.org/>

826 Digital



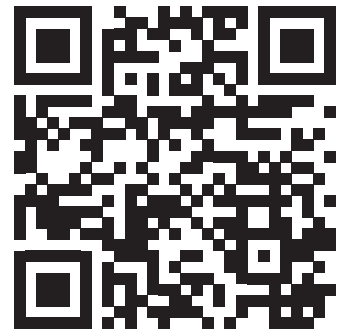
<https://826digital.com/>

Starfall



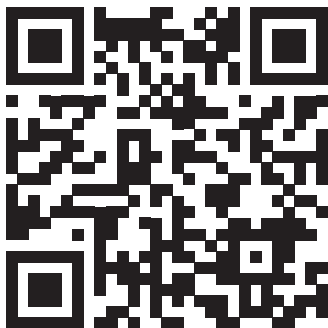
[www.starfall.com/h/](http://www.starfall.com/h/)

Free Homeschool Deals



[www.freehomeschooldeals.com/](http://www.freehomeschooldeals.com/)

Homeschool.com (Freebies)



[www.homeschool.com/freebie/deals/](http://www.homeschool.com/freebie/deals/)



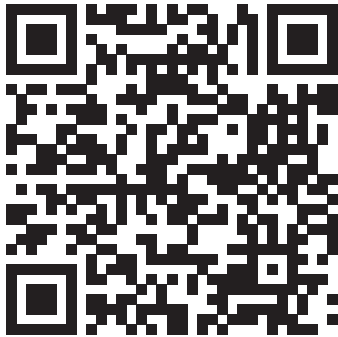




# EDUCATION

## Federal Grants and Loans

### Federal Pell Grants



<https://studentaid.ed.gov/sa/types/grants-scholarships/pell>

### Direct Stafford Loans



<https://studentaid.ed.gov/sa/types/loans>

### PLUS Loans



<https://studentaid.ed.gov/sa/types/loans/plus>

### Federal Perkins Loans

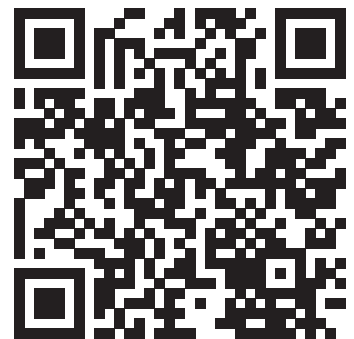


<https://studentaid.ed.gov/sa/types/loans/perkins>



## Education Resources

### Crash Course



[www.youtube.com/user/crashcourse/featured](http://www.youtube.com/user/crashcourse/featured)

### Crash Course Kids



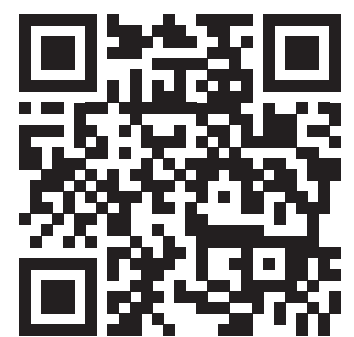
[www.youtube.com/user/crashcoursekids](http://www.youtube.com/user/crashcoursekids)

### TED Education



[www.youtube.com/user/TEDEducation/featured](http://www.youtube.com/user/TEDEducation/featured)

### Big Think



[www.youtube.com/user/bigthink](http://www.youtube.com/user/bigthink)



# U.S. ARMY & DEPLOYMENT

U.S. Army

## My Army Benefits



<https://myarmybenefits.us.army.mil/>

## U.S. Army Families



[www.army.mil/families/](http://www.army.mil/families/)

## Soldier and Family Resources



[www.army.mil/soldierresources/](http://www.army.mil/soldierresources/)

## Gold Star Survivors



[www.army.mil/goldstar/](http://www.army.mil/goldstar/)

## U.S. Army Family and Morale, Welfare and Recreation (MWR)



[www.armymwr.com/](http://www.armymwr.com/)

## Exceptional Family Member Program (EFMP)



[www.army.mil/standto/  
archive/2019/02/27/?s\\_cid=standto](http://www.army.mil/standto/archive/2019/02/27/?s_cid=standto)

## DEPLOYMENT READINESS RESOURCES

## Yellow Ribbon Reintegration Program (YRRP)



[www.yellowribbon.mil/](http://www.yellowribbon.mil/)

## United Through Reading



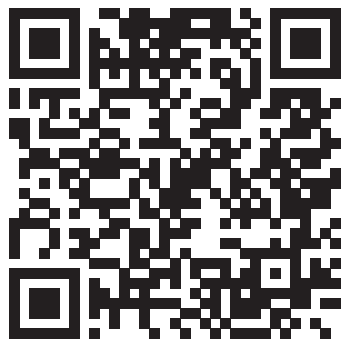
<https://unitedthroughreading.org/>



# VETERANS

Department of Veterans Affairs

Compensation & Pension



<https://benefits.va.gov/compensation/claimexam.asp>

Education Services



<https://benefits.va.gov/gibill/>

Loan Guaranty



<https://www.va.gov/housing-assistance/home-loans/how-to-apply/>



★★★★THANK YOU★★★★

# VETERANS

Honoring all who served!





**OTSG / MEDCOM FAMILY READINESS**

Connecting: Soldiers • Families • Communities

# Resources



U.S. ARMY MEDICINE

Please send any questions to the  
Chief of Family Programs at:  
[Patricia.a.Centeno.civ@health.mil](mailto:Patricia.a.Centeno.civ@health.mil)