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DEPARTMENT OF THE ARMY
HEADQUARTERS, EIGHTH ARMY
UNIT #15236
APO AP 96271-5236

EACG

MEMORANDUM FOR All Eighth Army Soldiers and Civilians

SUBJECT: Eighth Army Command Policy Letter #11, Value of Life: Army Health and Wellbeing Promotion, Ready and Resiliency, Risk Reduction, and Suicide Prevention Program

1. References:

- a. Army Regulation (AR) 350-1, Army Training and Leader Development, 10 Dec 2017.
- b. AR 350-53, Comprehensive Soldier Family Fitness, 19 June 2014.
- c. AR 600-63, Army Health Promotion, 14 April 2015.
- d. Department of Army Pamphlet 600-24, Health Promotion, Risk Reduction and Suicide Prevention, 14 April 2015.
- e. USARPAC Policy Memorandum 16-01, Health Promotion and Suicide Prevention, 8 Jan 2016.

2. Applicability. This policy applies to all Active Duty, Reserve, and National Guard Soldiers, all tenant Units and Department of the Army Civilian employees assigned or attached to Eighth Army (8A).

3. Purpose. To provide guidance and establish an 8A Value of Life: Army health and wellbeing promotion, readiness and resiliency, risk reduction, and suicide prevention program policy to bridge capability gaps, build a coalition of community partners, and sustain effective strategies.

4. Background. The readiness, resiliency, and strength of 8A-Team is paramount in the ability to "Fight Tonight." Sustaining the health and well-being of our Soldiers, Family members, and Civilians is a fundamental responsibility of all leaders and personnel at all levels. Promoting healthy lifestyles, being ready and resilient, reducing risk-seeking behavior, and preventing suicide are high priorities of 8A leadership. The "Value of Life" message is a mindset and a cultural change in how 8A views suicide prevention. It is paramount that all leaders instill within 8A-Team that their lives matter. "One Team Strength."

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5. Responsibilities. All commanders, leaders, supervisors, Soldiers, and Civilians are responsible for creating an environment free from the stigma of seeking help for behavioral health issues. On a daily basis, it is of utmost importance to recognize when someone may be at risk of self-harm, and take appropriate actions to save lives. All leaders are directed that no one is belittled for requesting assistance for their mental well-being. In addition, leaders will exercise an extraordinary degree of discretion when identifying and sharing information regarding personnel seeking help, and will treat all with dignity and respect.

6. Implementation. Commanders will follow implementation guidance as outlined in all 8A OPORDs, FRAGORDs, Memoranda, pertinent to health and well-being promotion, risk reduction, readiness and resiliency, alcohol and substance abuse prevention, and value of life: suicide prevention, intervention, and/or postvention trainings, and other value of life-related observed national events.

7. Resources. All leaders are highly encouraged to use all available community resources: The Korea-wide Suicide Crisis Lifeline – 0808-555-118; DSN 118 is a 24/7, toll-free hotline where the Military/Veteran's Crisis Line can be reached by pressing "1."; the Community Resource Guide (CRG); Military Family Life Counselors (MFLC); on-call duty Chaplains and Behavioral Health providers.

8. This policy supersedes all previous 8A Suicide Prevention Program Policy Letters.

9. The proponent for this policy is Eighth Army G1 Ready and Resilient Program Director at DSN (315) 755-0741.



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Commanding