



U.S. ARMY CHAPLAIN CORPS

# RALLY CRY!

MENTAL READINESS

This month we invite Chaplain Corps Teammates worldwide to pray, fast, meditate, and serve to promote and positively impact MENTAL READINESS across our formations. We ask that you remember our Behavioral Health Teammates and their strategic partnership with the Chaplain Corps as we together seek to stem the tide of harmful behaviors and suicidal ideation.

PRAY • FAST • MEDITATE • SERVE

