



# Command Sergeant Major Timothy J. Sprunger

*Command Sergeant Major*

*U.S. Army Regional Health Command Central*

Command Sergeant Major Sprunger enlisted in the United States Army as a 91A – Medical Specialist (now 68W) and attended Basic Combat Training at Fort Knox, Kentucky, and Advanced Individual Training at Fort Sam Houston, Texas.

CSM Sprunger's military education includes all levels of Non-Commissioned Officer Professional Development Study (NCOPDS) to include Class 59 of the United States Army Sergeants Major Academy. He has attended numerous functional courses to include Airborne School, Air Assault Course, Jump Master Course, Drill Sergeant School, Master Fitness Trainer Course, Equal Opportunity Leader Course, First Sergeants Course, Instructor Training Course, Combatives Level I Course, Battalion and Brigade Pre-Command Courses, AMEDD Pre-Command Course, Basic Healthcare Administration Course, AMEDD Executive Skills Course, Senior Leader Seminar, Army Strategic Leader Development Program-Basic, Nominative Leader Course, and the CSM Force Management Course.

CSM Sprunger's military career includes assignments as Aidman and Treatment NCO, 1st Battalion, 508th Airborne Infantry, 193rd Infantry Brigade, Fort Kobbe, Republic of Panama; Evacuation and Treatment NCO, 1st Battalion, 325th Airborne Infantry Regiment and Division Surgeon Noncommissioned Officer in Charge (NCOIC), 82nd Airborne Division, Fort Bragg, North Carolina; Drill Sergeant and Senior Drill Sergeant, 232nd Medical Battalion, Fort Sam Houston; Medical Platoon Sergeant, 3rd Battalion, 325th Airborne Infantry Regiment, 82nd Airborne Division, Fort Bragg, where he deployed in support of Operation Iraqi Freedom I; Medical Platoon Sergeant, 2nd Battalion, 87th Infantry and First Sergeant, 10th Sustainment Brigade Support Battalion, 10th Mountain Division, Fort Drum, New York, where he deployed in support of Operation Enduring Freedom VII; Chief Enlisted Instructor of the Physician Extender Branch and First Sergeant of B Company, 187th Medical Battalion, Fort Sam Houston; Senior Clinical NCO and Command Sergeant Major, U.S. Army Medical Department (USAMEDDAC) Activity, West Point, New York; Command Sergeant Major, USAMEDDAC, Fort Drum; Command Sergeant Major, Landstuhl Regional Medical Center, Landstuhl, Germany; Command Surgeon Sergeant Major, U.S. Army Forces Command, Fort Bragg; Deputy Chief of Staff G-3/5/7 Sergeant Major, Office of the Surgeon General and Army Medical Command, Falls Church, Virginia; Command Sergeant Major, U.S. Army Medical Research and Development Command, Fort Detrick, Maryland.

CSM Sprunger's awards and decorations include the Legion of Merit (with three oak leaf clusters), Bronze Star Medal (with one oak leaf cluster), Meritorious Service Medal (with four oak leaf clusters), Army Commendation Medal (with four oak leaf clusters), Army Achievement Medal (with five oak leaf clusters), Army Good Conduct Medal (ninth award), National Defense Service Medal (with one bronze star), Afghanistan Campaign Medal (with two bronze stars), Global War on Terrorism Expeditionary Medal, Global War on Terrorism Service Medal, Humanitarian Service Medal, Military Outstanding Volunteer Service Medal, Noncommissioned Officer Professional Development Ribbon (with numeral six), Army Service Ribbon, Overseas Ribbon (numeral four), and the NATO Medal. His unit awards include the Presidential Unit Citation, Valorous Unit Award, Meritorious Unit Commendation, and Army Superior Unit Award (with two oak leaf clusters). His badges include the Combat Medical Badge, Expert Field Medical Badge, Master Parachutist Badge, Air Assault Badge, Drill Sergeant Badge, Driver and Mechanic Badge (Driver-W), Expert Marksmanship Badge (Pistol), Honduran Parachutist Badge, and Turkish Parachutist Badge. He is also a proud recipient of the coveted Order of Military Medical Merit.

CSM Sprunger holds a Bachelor of Science Degree in Health Education and a Certificate in Emergency and Disaster Management from Trident University International.